

## COCONUT CREEK HIGH SCHOOL BOYS TRACK & FIELD RECORDS

100 Meter Dash	10.49	Adrian Zullo	1998-06-19	Foot Locker National Championship
110 Meter Hurdles	14.28	Gabriel McClover	2001-05-02	FHSAA 4A Region 3
1,600 Meter Run	4:49.71	Pharel Dorsavil	2013-04-19	FHSAA 3A District 15
200 Meter Dash	21.90	Jean Metezer	2004-04-22	FHSAA 4A District 10
3,000 Meter Run	10:14.40	Cristian Moreno	2015-07-09	USATF Region 16 Junior Olympic Outdoor Track And Field Champion
300 Meter Hurdles	38.60	Servenot Conserve	2016-03-12	Miramar Relays
3,200 Meter Run	10:40.19	William Appolon	2016-03-18	BCAA Championships
3x110 Shuttle Hurdle Relay	48.44	Servenot Conserve, Marvin Farrington, Nathaniel Joseph	2016-02-27	Walter Dix Relays
400 Meter Dash	48.97	Jahmal Riley	2008-05-02	FHSAA 3A-4A Outdoor State Finals
4x100 Meter Relay	41.82	Marquis Williams, Deon Crowder, Travelis Mosley, Malik Young	2016-04-14	FHSAA 2A District 15
4x110 Shuttle Hurdle Relay	1:08.76	Servenot Conserve, Marvin Farrington, Nathaniel Joseph, Marc Jean Baptiste	2016-02-20	Westminster Academy Relays
4x1600 Meter Relay	21:05.05	Jerry Jean Baptist, Kervens Pierre, Christopher Lormeus, William Appolon	2016-03-18	Pine Crest Panther Relays
4x200 Meter Relay	1:28.91	Dominic Lambert, Vince Hunter, Ladarius Burrows, Travelis Moseley	2017-02-25	Walter Dix Relays
4x400 Meter Relay	3:22.14	Daniel Dantinor, Jahmal Riley, Shawn Williams, Rashad Fry-elliot	2008-04-24	FHSAA 4A Region 3
4x800 Meter Relay	8:42.95	Perterson Aldajust, Julienson Medor, Deyaadin Natour, Scheinder Sagesse	2014-04-15	FHSAA 3A District 15
5,000 Meter Run	17:25.83	William Appolon	2016-10-20	FHSAA 2A District 15
800 Meter Run	1:56.49	Roland Desrosiers	2011-04-20	FHSAA 4A District 10
Discus	180-6	Michael Schmitz	1990-04-27	FHSAA 4A Region 3
Distance Medley Relay	11:49.39	Terenthen Parker, Dore Ramjas, Christopher Lormeus, William Appolon	2017-04-01	City of Miramar Relays
High Jump	6-2	Justin Patterson	2015-03-07	Archbishop McCarthy Big Blue Invitational
Long Jump	22-8.75	Binjimen Victor	2016-05-06	FHSAA Outdoor State Finals
Shot Put	52-5.25	Oliver Johnson	2011-05-07	FHSAA 4A Outdoor State Finals
1600 Sprint Medley Relay	3:44.86	Servenot Conserve, Ladarius Burrows, Vincent Hunter, Dominic Lambert	2016-02-27	Walter Dix Relays
1000 Meter Sprint Medley Relay	2:03.61	Dominic Lambert, Ladarius Burrows, Marquis Williams, Travelis Mosley	2016-02-20	Westminster Academy Relays
800 Meter Sprint Medley Relay	1:38.43	Dominic Lambert, Vince Hunter, Ladarius Burrows, Jacquinton Thomas	2017-02-25	Walter Dix Relays
Triple Jump	46-11	Binjimen Victor	2015-03-17	BCAA North Central Qualifier