



Fritzler Dorisca

Head Wrestling Coach

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My name is Fritzler Dorisca (Coach D). I attended Miramar High School and graduated in 1999. At Miramar I was a dual sport athlete as I participated in both football and wrestling. On the mat, I was a 2x BCAA County Champ, 3x District Champ, 3x Regional Champ, and 2x State Runner Up competing in the FHSAA at the 160-pound weight class. On the football field I was an All-County Team selection on defense as a linebacker. After high school, I attended college at William Penn University where I wrestled from 1999 -2003. Working to be my best I became an NAIA Wrestling All-American at the 197-pound weight class. In 2018, I was inducted to the Broward County Wrestling Hall of Fame. In my second year as Head Wrestling Coach we've had 3 District Champs and one wrestler qualify for the FHSAA State competitions in both 2019 and 2020. Currently, I am a Physical Education teacher at Nova Middle School and the Junior Varsity Head Football Coach at Nova High School.