



RUNNING EVENTS

- 100 METER LOW HURDLES**
- 100 METER DASH**
- 200 METER DASH**
- 400 METER DASH**
- 800 METER RUN**
- 1600 METER RUN**
- 400 METER RELAY (4 x 100)**
- 800 METER RELAY (4 x 200)**
- 1600 METER RELAY (4 x 400)**

BOYS AND GIRLS COMPETE SEPERATELY