

OCTOBER 2020

Summer Lunch / MORROW ELEMENTARY / Menu at Morrow Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Nuggets Breaded Chicken Drumstick Wheat Roll Fruit Blend Juice White Milk	Pizza Crunchers Marinara Sauce Cup Variety Juice White Milk
5	6	7	8	9
Hamburger on Bun Fresh Baby Carrots, Snack Pack Fresh Apple Slices White Milk	Beef Nachos Tortilla Chips & Nacho Cheese Cup Salsa Cup Fruit Blend Juice White Milk	Macaroni and Cheese Corn Bread Bowl Fresh Broccoli Fresh Apple Slices White Milk	Breaded Mozzarella Cheese Sticks Marinara Sauce Cup Fresh Apple Slices White Milk	Fish Patty on Bun Green Beans Applesauce Cup White Milk
12	13	14	15	16
Mexican Pizza Mango Swirl Juice Fresh Apple Slices White Milk	Beef A Roni Garlic Breadsticks Fresh Broccoli Peach Cup White Milk	Hamburger on Bun Potato Wedges Fresh Apples White Milk	Chicken Smackers Wild White Nacho Dorito Chips Sweet Potato Crinkle Cut Fries Fresh Orange White Milk	Cheese Pizza Wedge Fresh Baby Carrots, Snack Pack Fruit Blend Juice White Milk
19	20	21	22	23
Mandarin Orange Chicken over Rice Brown Rice Fresh Baby Carrots, Snack Pack Fresh Apple Slices White Milk	Beef Tacos Tortilla 6" Salsa Cup Peach Cup White Milk	Macaroni and Cheese Corn Bread Bowl Mango Swirl Juice Fresh Apples White Milk	Breaded Chicken Fillet on Bun Potato Wedges Fresh Orange White Milk	Pull Apart Cheezy Breadsticks Marinara Sauce Cup Pears, Cup White Milk

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Summer Breakfast / MORROW ELEMENTARY / Menu at Morrow Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cinnamon Toast Crunch Cereal Variety Yogurt Cup Orange Mini Loaf Fruit Blend Juice White Milk	Mini Maple Waffles Peach Cup White Milk
5	6	7	8	9
Cinnamon French Toast Sticks Applesauce Cup Fruit Blend Juice Milk, Variety	Lucky Charms Cereal Fresh Apple Slices White Milk	Assorted Cereal Honey Wheat Biscuit Pears, Cup Chilled Mandarin Oranges White Milk	Mini Maple Waffles Fruit Blend Juice White Milk	Cheese Stick & Pop Tart Raisels Peach Cup Milk, Variety
12	13	14	15	16
Froot Loops Cereal Applesauce Cup White Milk	Assorted Cereal Honey Wheat Biscuit Fresh Apple Slices White Milk	Hard Boiled Egg Croissant Roll Pears, Cup White Milk	Flavored Yogurt Cup Chocolate Rockin' Ola Apple Juice White Milk	Cheese Stick & Pop Tart Peach Cup White Milk
19	20	21	22	23
Large Cinnamon Bun Orange Juice White Milk	Honey Wheat Biscuit Applesauce Cup White Milk	Flavored Yogurt Cup Honey Wheat Biscuit Pears, Cup White Milk	Strawberry Nutrigrain Bar Apple Juice White Milk	Assorted Cereal Peach Cup White Milk
26	27	28	29	30
Strawberry Nutrigrain Bar Orange Juice White Milk	Assorted Cereal Fresh Apple Slices White Milk	Hard Boiled Egg Croissant Roll Pears, Cup White Milk	Mini Maple Pancakes Apple Juice White Milk	Cheese Stick & Pop Tart Peach Cup White Milk