Dr. Laurel Crowle, Principal of Morrow Elementary

**USING EXPECTATIONS TO TEACH KINDNESS**

Dr. Laurel Crowle, the principal of Morrow Elementary, and her Positive Behavior Intervention & Support (PBIS) team utilized their schoolwide expectations to focus on increasing kindness awareness at their school. The group’s ultimate goal is to build life skills on their campus through their expectation of being respectful because of its relevance to kindness.

The PBIS team concluded that a kindness tree was the right tool for expressing feelings of kindness at their school. The team members believe kindness is of infinite value to their students because it is a building block to success in life; therefore, it is essential to teach, model, and reward random acts of kindness through their school-wide expectations. The PBIS team feels that showing respect and kindness is a proactive behavior practice that taps into the social and emotional needs of all students. Finally, the goal for Morrow’s PBIS team is to provide multiple opportunities for their students to develop life skills through social and emotional learning and PBIS concepts throughout the school year.

Principal Nichele Williams of North Lauderdale Pre-K to 8 understands that connecting family, community, and school is essential to her vision of moving from the current school grade of C to an A. Part of her morning duties are embracing and capturing parents walking by her school to the neighboring charter school. Concerned with the well-being of her community and her students, she often asks parents walking by her campus where they are going with their children. If they are going to the charter school, she immediately provides them with information about her school and assures them that their children’s academic, behavioral, and social-emotional needs will be met at her school. As a result of marketing her school and establishing a new commitment to excellence, the enrollment at North Lauderdale Pre-K to 8 is growing at a wonderful rate. The enormous influx of parents is evident at every event that she holds on her campus because she is committed to using various means to get her message out to parents daily. In fact, Mrs. William’s vision flourished during her recent open house when she stated boldly to me, “I will have 500 parents at my next event,” and she did!

Critical components to her success are listed below:

Mrs. William’s Focus on Family Involvement

- Building positive relationships
- Encouraging new behaviors from all stakeholders
- Reinforcing skills (Behaviorally and Academically)
- Increasing self-satisfaction and optimism amongst all of her stakeholders
- Getting parents more involved in their child’s education and in improving schools outcomes
- Providing information to help parents make informed educational choices for their child

According to research, meaningful family engagement is a strong predictor of children’s success in school. In fact, various studies have concluded a strong correlation between family engagement and student achievement for students of all backgrounds, including social class, gender, and ethnicity (see Henderson & Mapp, 2002; Weiss et al., 2009). Many of the studies also concluded that students with involved families are more likely to earn high grades and test scores. Furthermore, students will have greater success passing their classes, earn more credits, be promoted, attend school regularly, graduate and continue to postsecondary education than their peers (see Henderson & Mapp, 2002; Weiss et al., 2009). Research also shows many family engagement efforts by schools are fragmented and disconnected from instructional practice rather than being integrated and sustained systemically to improve student outcomes. Specifically, studies are suggesting institutions should increase their family engagement efforts to enhance student learning and school improvement. According to research, schools that embark on developing stronger relationships with parents, plus see them as equal partners will thrive exponentially in family engagement practices (Patrikakou, E. N., Weis sberg, R. P., Redding, S. & Walberg, H. J., 2005).
Alternatives to Suspension

Data indicate suspension is not effective in changing behavior. In fact, suspension negatively impedes academic success, increases the dropout rates and disengages students from the learning process. Many times minority and special education students are over represented. Alternatives to suspension should be Reflective: The student should be reflecting & gaining insight into his/her behavior. Restorative: The student should have an opportunity to repair the relationships or items that were damaged. Instructional: The student should gain specific knowledge and be able to practice skills that will help him/her in the future. When we meet students’ needs or give them respectful and responsible strategies for dealing with unmet needs, disruptive behaviors drop away.

Keys to making it happen:

- Administrator support
- Advanced planning and organization
- Commitment to behavioral change vs punishment
- Be creative and think outside the box
- Involve parents (go beyond just informing, and ask for their ideas)
- Link your discipline to your school-wide PBIS expectations

Other Ideas for Alternatives to Suspension

1. Mini-Courses
2. Community Service/Service Learning
3. Behavior Monitoring/Behavior Contracts
4. Cool-off Passes
5. Reflective Activities
6. Alternate Schedule
7. Restitution, Restorative Justice
8. Peer Mediation
9. Referral to Community Agencies

Resources & Support

- Diversity Prevention and Intervention
  https://www.browardprevention.org/
- Positive Behavior Intervention
  http://www.pbis.org/
- Florida’s Positive Behavior Support Project
  http://flpbs.fmhi.usf.edu/

Leaps is an online Tier 1 behavioral resource for all students. Leaps includes simple and detailed assessment options as well as a large library of social, emotional, and behavioral lesson plans that are correlated to the Common Core Standards. Leaps includes resources for all different learning ages, from kindergarten through high school.

Leaps includes progress monitoring options and has a great tracking system that will develop reports, student profiles, as well as track fidelity and progress. It is an easy and extremely thorough tool schools can use with behaviorally involved students as well as for prevention for all students.
Closing the school to prison pipeline is an initiative that impacts many large urban school districts. Even though most school districts have intensive discipline practices, they are not getting to the core of the problem which means digging deeper for answers that provide real change (Kim, Losen, & Hewitt, 2010).

The behavior dashboard in BASIS is one of the tools that Broward County Schools has designed to help PBIS school teams dig deeper into their practices by viewing data by the incident, time, location, grade, and student. Digging deeper mean using data to drive your decision making, then providing proactive strategies that are designed to reduce and subside problematic situations on your campus. Finally, digging deeper for success on your campus means using a PBIS process with fidelity emphasizing interventions as an alternative to punitive discipline. The link below provides a quick tutorial of the outcomes of using exclusionary practices and the data behind the school to prison pipeline.

https://www.youtube.com/watch?v=HoKkasEyDOI

http://www.projectappleseed.org/activities