**THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA**

**Parkside Elementary**
**Laneia Hall, Principal**
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**http://www.browardschools.com/parkside**

Dear Parent/Guardian

The Florida Department of Education (FLDOE) has passed new rules (i.e. Florida Statute 1003.42 and State Board of Education Rules (SBER) 6A- 1.094122 and 6A-1.094123) which mandate that schools annually provide instruction related to *Substance Use Disorders* and *Setting Safe Boundaries* to students in Grades K-12. The instruction will advance each year through grade level/developmentally appropriate skill building and will address the following topics:

- Understanding and thus, preventing addiction to alcohol, nicotine and other substances

- Safety Awareness
- Understanding Importance of Personal Boundaries
- Resources for Help (e.g. school resources, community resources)
- Coping Strategies

The curriculum is designed to encourage student interaction with relevant topics, provide opportunities for students to define and understand emotions + behaviors and to build one's confidence in making more positive, healthy choices.

The curriculum will be delivered to the students during the school day.  There is no statutory waiver option from the instruction, however, all materials will be available in Canvas for convenient access for absent students and/or those who wish to revisit the resources.

If you would like more information about what your child will be learning, please visit:
https://www.browardschools.com/mentalhealthinstruction

For more on the Florida Department of Education mandated health instruction by visiting:
https://www.fldoe.org/schools/healthy-schools/comprehensive-health-edu.stml

Sincerely,

Tracy Cerra, M.Ed.
Guidance Counselor
Parkside Elementary