



Suggested HIGH SCHOOL Cyber-Bullying Prevention Activities developed by students of South Broward High School

Slogan: DARE 2 CARE

## **School-wide Anti-Bullying Poetry-Contest**

Conduct a poetry contest through the English Department (if appropriate). We suggest that you give the winning 1st, 2nd and 3rd place winners gift cards as prizes.

#### **Classroom Presentation and Discussion**

A South Broward High School student wrote the poem "No One There" as part of the Choose Peace/Stop Violence contest. Ask one of your students to read the poem and stastistics followed by a class discussion on bullying facts. The teacher will moderate the classroom discussion.

"No One There"
Written by Kristy/South Broward High School

"I don't want to go to school today
Feeling sick again like yesterday
Beating myself up over fright
Crying myself to sleep at night
Wishing, praying you don't find me
I'll hide in the shadows silently
I'm hungry today, don't take my lunch money
You laugh and joke, but it's really not funny
You punched me hard; I just took my last breath
Is this the end? My painful death?
I've wanted to do it myself for years,
But all I could do was produce more tears"

Bullying can happen to anyone, at any time. Did you know?

#### **Bullying Statistics**

- 1 out of 4 teens are bullied.
- 9 out of 10 LGBT students experienced harassment at school and online.
- As many as 160,000 students stay home on any given day because they're afraid of being bullied.
- 1 out of 5 kids admits to being a bully, or doing some "Bullying".

- 43% fear harassment in the bathroom at school.
- A poll of teens ages 12-17 proved that they think violence increased at their schools.
- 282,000 students are physically attacked in secondary schools each month.
- More youth violence occurs on school grounds as opposed to on the way to school.
- 80% of the time, an argument with a bully will end up in a physical fight.
- 1/3 of students surveyed said they heard another student threaten to kill someone.
- 2 out of 3 say they know how to make a bomb, or know where to get the information to do it.
- Playground statistics Every 7 minutes a child is bullied. Adult intervention -4%; Peer intervention 11%.;
   No intervention 85%.

#### **Cyber Bullying Statistics**

- 43% of kids have been bullied while online. 1 in 4 have had it happen more than once.
- 97% of middle school students are bullied while online.
- 47% of older youth 18-24 are cyber-bullied.
- 35% of kids have been threatened online. Nearly 1 in 5 have had it happen more than once.
- 21% of kids have received mean or threatening e-mail or other messages.
- 58% of kids admit someone has said mean or hurtful things to them online. More than 4 out of 10 say it has happened more than once.
- 53% of kids admit having said something mean or hurtful to another person online. More than 1 in 3 have done it more than once.
- 58% have not told their parents or an adult about something mean or hurtful that happened to them online.

### DISCUSSION: Follow up with students' personal bullying experiences

#### Sources:

http://www.cdc.gov/ViolencePrevention/youthviolence/index.html

http://www.Olweus.org

http://www.stopbullyingnow.hrsa.gov/

http://youthviolence.edschool.virginia.edu/violence-in-schools/national-statistics.html

# **Documentary Presentation and Discussion**

Have classes preview: "Bullied": A Teaching Tolerance Documentary", presented by the Southern Poverty Law Center.

Follow-up discussion topics:

- 1. What did Jamie hope to accomplish by filing a lawsuit?
- 2. What is the constitutional basis of Jamie's case?
- 3. What are Jamie's key messages when he speaks at the assembly?

For more information and to order the documentary visit www.splcenter.org