

NEED TO SPEAK TO A REGISTERED DIETICIAN?



The Academy of Nutrition and Dietetics promotes the transformative powers of healthy food choices. The Academy encourages using a registered dietitian in order to develop and maintain a healthy eating plan. eatrightpro.org

Broward County Public Schools Employee Wellness Program has partnered with Aetna to offer both telephonic and/or virtual, 1:1, private appointments with a registered dietitian. Click the link below to schedule a 45-minute individual session. It is important to note that this information is confidential, and results will not be shared with your employer, nor will there be a claim submitted to Aetna. Appointments are limited, and Dietetic staff will provide service on a "first come, first serve" basis. Sessions include nutritional assessment, meal planning, and goal setting.

Registration Link:

pickatime.com/NUTRITIONCONSULTS_virtual



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