



## **Broward County Athletic Association Return to Play: Phase 3**

Broward County Public Schools continues to monitor the spread of COVID-19 across the community. Based on current conditions and input from local experts and medical professionals, the Broward County Athletic Association (BCAA) provides the following guidance for District high schools.

Beginning on **Monday, October 12**, BCAA member high schools may enter Phase 3 of Return to Play. This means high schools are permitted to begin official practices for student athletes participating in fall sports. Each school administration shall determine the permitted activities at the school site. **Prioritizing the health and safety of all students and staff must remain the focus of each BCAA member school.**

### **During Phase 3:**

- Sport-specific practices begin with both indoor and outdoor sessions.
- Sport-specific drills are permitted, and sport-specific equipment may be used.
- Practices are limited to **120 minutes of participation per day.**

Below are requirements for conducting practices for fall sports.

- Follow physical distancing guidelines, whenever possible, during indoor and outdoor practices.
- Wear face coverings at all times, except during active participation in workout sessions/practices.
- Divide student athletes into pods (small groups) during indoor and outdoor practices. The use of pods is recommended, but not mandatory.
- Maintain diligent and effective cleaning and disinfecting of frequently touched objects and surfaces following [guidance from the Centers for Disease Control and Prevention \(CDC\)](#).
- **Coaches must maintain a daily record of athletes that are participating and symptoms they may present.**
  - Athletes should be monitored at start of practice for a temperature of 100.4F/38C or higher and other possible COVID-19 symptoms (fevers, chills, cough, muscle aches, headache, sore throat, runny nose, nausea, vomiting, diarrhea, or loss of taste or smell).
  - If a student athlete exhibits symptoms, he or she is not to participate in practice and should be referred to a physician for evaluation and testing.
- Players shall bring their own water bottles, shoes, towels and other personal equipment.

If possible, it is encouraged to have an athletic trainer or medical personnel available for practices. The athletic trainer or medical personnel should wear a facial covering during any interactions with athletes and maintain physical distancing, when feasible.

It is the responsibility of each BCAA member school to comply with the above requirements. Additionally, BCAA member school sponsored camps, clinics and open gyms are prohibited for any sport, at this time.