



MEMORIALIZATION

A Day of Service and Love Commemoration Highlights Video
eduvision.tv/l?RtOtdt

A Day of Service and Love Website
browardschools.com/msdserviceandlove

Marjory Stoneman Douglas Memorial Committee
On January 8, 2019 Broward County Commission meeting, then-Mayor, Mark Bogen, announced the County's wish to create a memorial to honor the lives taken at Marjory Stoneman Douglas High School. Subsequent to that meeting, the Broward County Cultural Arts Division reached out to various stakeholders to convene an Marjory Stoneman Douglas Memorial Committee, which meets monthly. For more information please visit broward.org/Commission/Pages/SunshineMeetings.aspx

PAST COMMUNITY EVENTS

Love Yourz Celebration
On February 13, 2020 Atlantic Technical College hosted "Love Yourz Celebration", an opportunity to engage in courageous conversations about love and happiness. It was a day of learning and sharing tools around managing stress/pressures and also of connecting students from all over the district to a network of support and LOVE.

UPCOMING COMMUNITY EVENTS

Mental Health & Suicide Prevention Town Hall
The City of Coral Springs is hosting a Mental Health and Suicide Prevention Town Hall, providing vital information and resources about mental health, on Wednesday, March 27th from 6-8 p.m. Mental health organizations throughout Broward county will be available to provide necessary information and assistance. Visit [facebook.com/CityofCoralSprings](https://www.facebook.com/CityofCoralSprings) for more information. Location: Coral Springs City Hall • 9500 W Sample Road • Coral Springs, Florida 33065

MENTAL HEALTH RESOURCES

Camp Good Grief
At Camp Good Grief, kids have one thing in common—they all know what it is like to experience the death of a loved one. Camp Good Grief is a grief-focused camp that provides a safe and fun environment to share stories and engage in music, art, outdoor activities and games. Camp Good Grief provides a support system to children and teens ages 8-17 who are grieving the death of a loved one. For more information, please visit trustbridge.com/services/grief-support

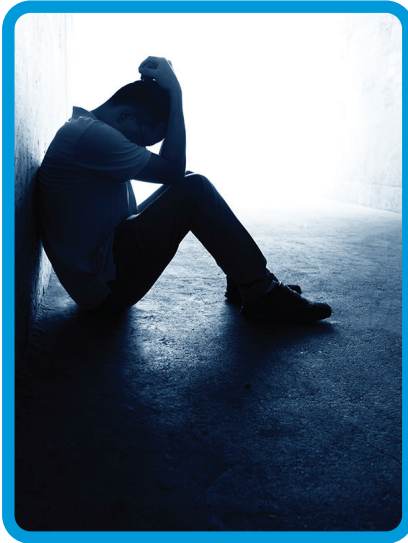
Healthy, Optimistic People, Enjoying Life (HOPE) Young Adult Group
Meets every 2nd & 4th Friday from 3:30 – 4:30 p.m.

Mission- Healthy, Optimistic People Enjoying Life (H.O.P.E.) Group for young adults. A place where people ages 18 to 40 years old who are living in recovery can get together to have fun and enjoy life. Fun time includes bowling, karaoke, movies, pizza night or just having great discussions and meeting new friends. These are just some of the things we do. Goal – the goal is to help ourselves stay in recovery by enjoying life, connecting with others and planning our events. For more information, call 954-316-9907, email info@namibroward.org or visit namibroward.org/meetings-schedules/teens-young-adults

RECOVERY SERIES

Join Us for our Recovery Series
The Recovery Team is launching a monthly series of presentations focused on supporting students and families across multiple areas of wellness. The first presentation will take place on March 18th, 2020 from 6-7:30 p.m. Dr. Maria Teahan will present What Happens Now? A Conversation About the "Paradox Of Grief" After a Loss. The event will be held in the Media Center at Marjory Stoneman Douglas High School.

Upcoming Topics: April- Resiliency
May- Preparing for Summer



What Happens Now?

A Conversation About the “Paradox of Grief” After a Loss

Presented by **Maria Teahan, PhD, ACSW, LCSW, CCTP**

March 18th, 2020 from 6 - 7:30 p.m.
Marjory Stoneman Douglas High school Media Center
5901 NW Pine Island Road. Parkland, FL 33076

So often in our culture we receive messages that it's important to “get over” things that happen to us. However, healing through grief, can be an intense, chaotic process that can be difficult to move through. This is especially true when our grief is misunderstood or unrecognized by others. This presentation will be an informal dialogue about the aspects of grief; specifically after a lengthy period of time has passed, and what conflicting messages we may receive from family, friends, media, community, etc., that can lead to confusion and disrupt our own healing process.

Dr. Maria Teahan joined the Barry University in 2006. In 2008 she was hired as the School of Social Work's MSW Program Director, and has now assumed the role of Associate Dean. As an educator her philosophy is engrained in a trauma-informed, strengths and resiliency perspective with focus on integrity, service, social justice and advocacy.

Prior to joining Barry University School of Social Work, Dr. Teahan served for ten years as Bereavement Manager and Director of Supportive Care for an hospice agency She has over 40 years of extensive practice experience in child and family services, health care disparities, grief and traumatic loss, and critical incident responses.

Dr. Teahan has presented and co-authored professional seminars, training materials, book chapters, and workshops in the areas of grief and traumatic loss, as well as critical incident stress management. Her work is known locally, nationally and internationally. She also serves as the Clinical Director of Palm Beach Garden Police Department, Boca Raton Police Department & Palm Beach County Critical Incident Stress Management (CISM) teams.

What's Next ?

The next Recovery Series presentation topic in April will be on Resilience



Dr. Maria Teahan, ACSW, LCSW

browardschools.com/recoveryprogram



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