Youth Health Guide
This health guide was made for Broward County youth like you. It contains information about health services available to you around Broward County. Most services require no consent and are confidential.

To Use...
1. Find what you need by identifying the appropriate heading(s) from the top of each color-coded panel (Safety, Physical Health, Mental Health, Social Health, Sexual Health or STD/STI/HIV).
   Note: The icon and dot system help you determine, for example, which services are Free, accept Walk-Ins, provide Transgender Services and/or are LGBTQ friendly and/or have Creole, Spanish or Portuguese speakers to assist you.

2. Using the icons at the top of each color-coded panel, navigate through each service provider to select any that meet your criteria and general location.
   Note: If service providers have a physical location their Broward County zone is indicated by the letters (N) for North Broward, (C) for Central Broward, and/or (S) for South Broward:
   North Broward: Coconut Creek, Coral Springs, Deerfield Beach, Hillsboro Beach, Lighthouse Point, North Lauderdale, Parkland, Pompano Beach, Sea Ranch Lakes, Margate, Tamarac
   Central Broward: Cooper City, Dania, Dania Beach, Davie, Fort Lauderdale, Lauderdale by the Sea, Lauderdale Lakes, Lauderdalehill, Lazy Lake, Oakland Park, Plantation, Port Everglades, Southwest Ranches, Sunrise, Weston, Wilton Manors
   South Broward: Hallandale, Hallandale Beach, Hollywood, Miramar, Pembroke Park, Pembroke Pines, West Park

3. Just call or visit the location(s) you choose.

Icon Legend
- Free Services
- Walk-In Services
- Transgender Services
- LGBT Friendly
- Creole Speaking
- Spanish Speaking
- Portuguese Speaking

For more information, please visit: BrowardPrevention.org

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### Mental Health

**Feeling Bad or Stressed?**

**CRISIS HOTLINES**

- **Broward 211 Hotline**
  - Dial 211
  - 24/7 Hotline with trained counselors
- **National Suicide Prevention Lifeline**
  - 800-273-TALK (8255)
  - 24/7 Hotline with trained counselors

**COUNSELING AND TREATMENT**

- **Chrysalis Health**
  - 954-587-1008 chrysalishealth.com
- **Henderson Behavioral Health**
  - 954-463-0911 hendersonbh.org
- **YES Team Mobile Crisis**
  - 954-677-3113 - Press #3

**TRYING TO QUIT?**

- **Alcohol & Drug Abuse Hotline**
  - 800-662-HELP (4357)
- **The Starting Place**
  - 954-327-4060 startingplace.org
- **Atlantic Shores Hospital**
  - 888-771-2711 atlanticshoreshospital.com

### Social Health

**Youth Programs & Resources**

- **Urban League**
  - 954-584-0777 ulbroward.org
- **Hispanic Unity**
  - 954-964-8884 hispanicunity.org
- **YMCA**
  - 954-537-1010 bgcbc.org
- **Boys and Girls Club**
  - 954-537-1010 bgcbc.org
- **YES Team Mobile Crisis**
  - 954-677-3113 - Press #3

**STANDARD & TREATMENT**

- **Chrysalis Health**
  - 954-587-1008 chrysalishealth.com
- **Henderson Behavioral Health**
  - 954-463-0911 hendersonbh.org
- **YES Team Mobile Crisis**
  - 954-677-3113 - Press #3

### STD/STI/HIV

**Get Free Condoms**

- **Broward House**
  - 954-568-7373 browardhouse.org
- **The Broward Wellness Center**
  - 954-737-0273 freestdcheck.org
- **Care Resource**
  - 954-587-7141 careresource.org
- **Children’s Diagnostic & Treatment Center**
  - 954-728-3088 childrensdiagnostic.org
- **Florida Department of Health in Broward County**
  - 954-467-4705 floridastate.gov
- **Latinos Salud**
  - 954-765-6239 latinossalud.org
- **Planned Parenthood**
  - 954-989-5747 plannedparenthood.org
- **The Pride Center**
  - 954-480-1007 pridecenterflorida.org

**Confidential Testing, Care & Treatment**

- **AHF Healthcare Centers**
  - 954-767-0887 aidshealth.org (over 18)
- **Broward House**
  - 954-568-7373 browardhouse.org
- **The Broward Wellness Center**
  - 954-737-0273 freestdcheck.org
- **Care Resource**
  - 954-587-7141 careresource.org
- **Children’s Diagnostic & Treatment Center**
  - 954-728-3088 childrensdiagnostic.org
- **Out of the Closet Thrift Stores**
  - 954-480-1007 outofthecloset.org
- **Planned Parenthood**
  - 954-989-5747 plannedparenthood.org

**Know Your Status!**

You should be tested at least every 6 months.
Get tested with every new partner.