



# Above the Influence Activities

## 1. TAG IT

**What are YOU Above the Influence of?**

Use the template provided to write a word that explains how you are above the influence of: bullying, vaping, smoking, drunk driving, growing up too fast, ignorance, sexting, gossiping, etc. ....

CLICK  
HERE

## 2. BE IT

**Create your personal slogan.**

A short statement that captures who you are, how you live your life, and how you stay above negative influences. Use the template provided to write a slogan about who you want to be and the power you have to define who you are. For example, I want to save lives, be yourself – everyone else is taken, live for yourself, I want to help others, just be active, be yourself when others doubt, see yourself, be yourself, love yourself, make your own path, etc. ....

CLICK  
HERE

## 3. EXPRESS IT

**Visualize your success.**

Create a short PSA, skit, song or dance to show others how you live “Above the Influence.” Express yourself by sharing a poem, a song, a dance, and incorporate the ATI brand principle “Anything that makes me less than me, is not for me...especially drugs and alcohol.”

## 4. PICTURE IT

**What inspires you to be Above the Influence?**

Write or draw what inspires you to be “Above the Influence.” What are your goals? What does your future look like in terms of graduation, attending college, getting a job, etc.?

