

Reproductive Health and Disease Prevention Curriculum

K-12 Scope and Sequence

Kindergarten				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
K.1	Creating Healthy Habits	Daily cleanliness habits and routines	HE.K.CEH.1.2, HE.K.CEH.2.1, HE.K.CEH.4	May 20, 2024
K.2	My Space, Your Space	Body boundaries, consent, and seeking help	HE.K.CH.4.1, HE.K.R.4.1	May 21, 2024
K.3	Star of the Week	Character education – kindness and citizenship	HE.K.R.1.1, HE.K.R.3.2	May 22, 2024
K.4	Paper People	Understanding uniqueness in self and others	HE.K.R.2.5	May 23, 2024
K.5	Different Kinds of Families	Understanding family structures and how to demonstrate respect	HE.K.R.3	May 24, 2024
K.6	Understanding Our Bodies – The Basics	Human anatomy	HE.K.PHC.1.3	May 28, 2024

1 st Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
1.1	Creating Healthy Habits	Daily cleanliness habits and routines and consequences for not maintaining healthy habits	HE.1.CEH.1.2, HE.1.CEH.2.1, HE.1.CEH.3.1, HE.1.PHC.4.2	May 20, 2024
1.2	Friendships	Being a good friend and expressing feelings	HE.1.R.2.4, HE.1.R.1.2, HE.1.PHC.4.2	May 21, 2024
1.3	Bullying is Never OK!	Difference between bullying and teasing, cyberbullying	HE.1.PHC.1.5, HE.1.R.1.2, HE.1.CH.3.1	May 22, 2024
1.4	Understanding Our Bodies	Human anatomy	HE.1.PHC.1.3	May 23, 2024
1.5	My Body is MY Body	Understanding sexual abuse, consent, and domestic violence, identifying trusted adults, and seeking help	HE.1.PHC.3.2, HE.1.PHC.4	May 24, 2024
1.6	Gender Roles	Influences that impact how children of all genders are “supposed” to behave.	HE.1.PHC.2.1, HE.1.R.2.1	May 28, 2024
1.7	Circle of Life	Understanding reproduction	HE.1.PHC.1.3, SC.1.1.16, SC.1.L.14	May 29, 2024

2nd Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
2.1	Creating Healthy Habits	Daily cleanliness habits and routines and consequences for not maintaining healthy habits. Problem solving	HE.2.CEH.1.1, HE.2.CEH.1.2, HE.2.PHC.3.1	May 20, 2024
2.2	R-E-S-P-E-C-T	Defining personal identity. Treating others with dignity and respect.	HE.2.R.4.1	May 21, 2024
2.3	Bullying is Never OK!	Difference between bullying and teasing, cyberbullying	HE.2.PHC.2.2, HE.2.R.1.1, HE.2.CH.3.1	May 22, 2024
2.4	Gender Roles	Influences that impact how children of all genders are "supposed" to behave.	HE.2.PHC.2.1	May 23, 2024
2.5	Understanding Our Bodies – The Basics	Human anatomy	HE.2.PHC.1.3	May 24, 2024
2.6	Feeling SAFE	Consent, bodily autonomy, and personal boundaries. Using the SAFE model to respond to unwanted/unsafe situations.	HE.2.R.2.3, HE.2.PHC.4.1	May 28, 2024
2.7	Seeking Help	Seeking help and expressing needs, wants, and listening skills.	HE.2.CH.4.1, HE.2.R.2.3, HE.2.PHC.4.1	May 29, 2024

3rd Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
3.1	Creating Healthy Habits	Daily cleanliness habits and routines and consequences for not maintaining healthy habits. Problem solving	HE.3.CEH.1.1, HE.3.PHC.1.1, HE.3.PHC.3.1, HE.3.PHC.3.2	May 20, 2024
3.2	Respect for All	Treating others with dignity and respect	HE.3.CEH.1.1	May 21, 2024
3.3	Teasing, Harassment and Bullying	Understanding the differences between, teasing, harassment, and bullying. Understanding how to seek help and from whom.	HE.3.CEH.1.1	May 22, 2024
3.4	If You Don't Have Consent, You Don't Have Consent!	Understanding consent, personal boundaries, and bodily autonomy. Effective communication.	HE.3.PHC.4.1	May 23, 2024
3.5	Personal Timeline	Human development	SP.PK12.VI.2.4, SP.PK12.US.5.5, WL.K12.NH.5.2	May 24, 2024
3.6	Puberty – A Girl's Journey	Female reproductive system and hygiene	HE.3.PHC.1.3, HE.3.PHC.1.5, HE.3.PHC.3.1	May 28, 2024
3.7	Puberty – A Boy's Journey	Male reproductive system and hygiene	HE.3.PHC.1.3, HE.3.PHC.1.5, HE.3.PHC.3.1	May 29, 2024

4th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
4.1	Creating Healthy Habits	Daily cleanliness habits and routines and consequences for not maintaining healthy habits. Problem solving	HE.4.PHC.1.1, HE.4.PHC.2.2, HE.4.PHC.3.1, HE.4.PHC.3.3, HE.4.CEH.1.1	May 20, 2024
4.2	Feeling SAFE	Understanding consent, personal boundaries, and bodily autonomy. Effective communication.	HE.4.PHC.4.1	May 21, 2024
4.3	Taking a Stand Against Bullying	Differentiating between being an upstander and a bystander.	HE.4.PHC.4.1	May 22, 2024
4.4	Making Sense of Puberty	Reproductive system and hygiene	HE.4.PHC.1.3, HE.4.PHC.1.4, HE.4.PHC.3.1	May 23, 2024

5th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
5.1	Creating Healthy Habits	Recognizing appropriate health care products and services in the community and decision making to reduce health-related risks.	HE.5.CH.1.3, HE.5.PHC.3.2, HE.5.PHC.3.5, HE.5.PHC.4.1	May 20, 2024
5.2	Being Clear With Your Friends	Assertive communication and refusal skills	HE.5.PHC.4.1	May 21, 2024
5.3	What is Love Anyway?	Difference between liking and loving. Identifying trusted adults.	HE.5.PHC.3.2, HE.5.R.2.5	May 22, 2024
5.4	Sexual and Reproductive Anatomy	Reproductive system and hygiene	HE.5.PHC.1.3, SC.5.L.14.1	May 23, 2024
5.5	Puberty and Reproduction	Reproductive system and human reproduction	HE.5.PHC.1.3, SC.5.L.14.1	May 24, 2024

6th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
6.1	Change is Good	Physical, social, cognitive, and emotional changes during adolescence	HE.6.PHC.1.2	May 20, 2024
6.2	Gender Roles and Expectations	Identifying stereotypes attached to girls and boys	HE.6.PHC.2.6	May 21, 2024
6.3	Understanding Boundaries	Establishing and communicating personal boundaries. Consequences of violating someone's personal boundaries	HE.6.PHC.2.3, HE.6.PHC.2.6, HE.PHC.4.1	May 22, 2024
6.4	Communicating About a Sensitive Topic	Passive, assertive, and aggressive communication	HE.6.PHC.2.3, HE.6.PHC.2.6, HE.6.CEH.4.1	May 23, 2024
6.5	More Than Friends: Understanding Romantic Relationships	Differences between friendships and romantic relationships	HE.6.PHC.2.3, HE.6.PHC.2.6, HE.6.CEH.4.1	May 24, 2024
6.6	Liking and Loving – Now and When I'm Older	Ways to show affection, abstinence, and types of intercourse	HE.6.PHC.2.3, HE.6.PHC.2.6, HE.6.CEH.4.1	May 28, 2024

7th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
7.1	Everybody's Got Body Parts – Part 1	Female reproductive system	HE.7.PHC.1.3	May 20, 2024
7.2	Everybody's Got Body Parts – Part 2	Male reproductive system	HE.7.PHC.1.3	May 21, 2024
7.3	Reproduction Basics	Human reproduction	HE.7.PHC.1.3, HE.7.PHC.3.4, HE.7.PHC.3.9	May 22, 2024
7.4	Protecting Your Health	Understanding HIV and STDs	HE.7.PHC.1.3, HE.7.PHC.3.4, HE.7.PHC.3.9	May 23, 2024
7.5	Sexually Transmitted Infections	Understanding the symptoms, effects, treatments, and prevention of common sexually transmitted infections	HE.7.PHC.1.2, HE.7.PHC.1.3	May 24, 2024
7.6	Making SMART Choices	Decision-making about relationships	HE.7.PHC.1.3, HE.7.PHC.3.4, HE.7.PHC.3.9	May 28, 2024
7.7	Let's Talk About Sex	Effective communication in relationships	HE.7.PHC.1.3, HE.7.PHC.3.4, HE.7.PHC.3.9	May 29, 2024
7.8	Being Smart, Staying Safe Online	Online communication	HE.7.PHC.1.3, HE.7.PHC.3.4, HE.7.PHC.3.9	May 30, 2024

8th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
8.1	The World Around Me	How media and friends influence relationships and decision-making.	HE.8.PHC.2.1, HE.8.PHC.2.4, HE.8.CEH.2.1	May 20, 2024
8.2	Healthy or Unhealthy Relationships	Characteristics of healthy and unhealthy relationships. Influence of peers and the media.	HE.8.PHC.2.1, HE.8.PHC.2.4, HE.8.CEH.2.1	May 21, 2024
8.3	Choose Your Words Carefully	Healthy communication	HE.8.PHC.2.1, HE.8.PHC.2.4, HE.8.PHC.3.9, HE.8.CEH.2.1	May 22, 2024
8.4	We Need to Talk	Effective listening and communication skills for sex-related conversations	HE.8.PHC.1.3, HE.8.PHC.1.4	May 23, 2024
8.5	Talking Without Speaking: The Role of Texting in Relationships	Effective communication through electronic messaging	HE.8.PHC.1.3, HE.8.PHC.1.4	May 24, 2024
8.6	Warning Signs	Consent, manipulation, threats, and aggress in relationships.	HE.8.CEH.1.2, HE.8.CEH.3.1	May 28, 2024
8.7	Birth Control Basics	Pregnancy prevention	HE.8.PHC.1.3, HE.8.CEH.1.2, HE.8.CEH.3.3	May 29, 2024
8.8	Using Condoms Effectively	Teen pregnancy and STD/STI prevention	HE.8.PHC.1.3, HE.8.CEH.1.2, HE.8.CEH.3.3	May 30, 2024
8.9	STD Basics: Reducing Your Risk	HIV and STD transmission, symptoms, and treatment	HE.8.PHC.1.3, HE.8.CEH.1.2, HE.8.CEH.3.3	May 31, 2024
8.10	Sexually Transmitted Infections (STIs)	Understand the symptoms, effects, treatment, and prevention on the most common STIs	HE.8.PHC.1.2, HE.8.PHC.1.3, HE.8.PHC.1.4, HE.8.PHC.2.2, HE.8.PHC.2.4, HE.8.CH.1.1	June 3, 2024

9th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
9.1	They Love Me...They Love Me Not... (All HS Grades)	Teen dating violence and abuse	HE.912.PHC.2.3, HE.912.PHC.3.10, HE.912.CEH.4.1	May 20, 2024
9.2	How Well Do I Communicate With Others? (All HS Grades)	Effective communication in a relationship	HE.912.CH.2.2, HE.912.PHC.3.10, HE.912.PHC.3.1, HE.912.PHC.1.1	May 21, 2024
9.3	Sexual Decision Making	Effective decision making and personal boundaries	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 22, 2024
9.4	Planning and Protection	Planning to protect against STDs	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 23, 2024
9.5	STD Smarts	STD symptoms and testing	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 24, 2024
9.6	Sexually Transmitted Infections	Understand the symptoms, effects, treatment, and prevention on the most common STIs	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.PHC.2.3, HE.912.PHC.3.1	May 28, 2024
9.7	Using Condoms Effectively (All HS Grades)	Pregnancy prevention and STD prevention	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 29, 2024
9.8	Birth Control Basics	Teen pregnancy prevention	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 30, 2024

10th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
10.1	They Love Me...They Love Me Not... (All HS Grades)	Teen dating violence and abuse	HE.912.PHC.2.3, HE.912.PHC.3.10, HE.912.CEH.4.1	May 20, 2024
10.2	How Well Do I Communicate With Others? (All HS Grades)	Effective communication in a relationship	HE.912.CH.2.2, HE.912.PHC.3.10, HE.912.PHC.3.1, HE.912.PHC.1.1	May 21, 2024
10.3	Rights, Respect, Responsibility: Don't Have Sex Without Them	Understanding consent, coercion, and incapacitation with application to different scenarios	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 22, 2024
10.4	Know Your Options	Teen pregnancy prevention	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 23, 2024
10.5	Let Me Tell You	Effective communication about sensitive topics	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 24, 2024
10.6	Using Technology Respectfully	Understanding sexting and its consequences.	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 28, 2024
10.7	STD Smarts	STD signs, symptoms, and testing	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 29, 2024
10.8	Sexually Transmitted Infections	Understand the symptoms, effects, treatment, and prevention on the most common STIs	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.PHC.2.3, HE.912.PHC.3.1	May 30, 2024
10.9	Using Condoms Effectively (All HS Grades)	Pregnancy prevention and STD prevention	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 31, 2024

11th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
11.1	They Love Me...They Love Me Not... (All HS Grades)	Teen dating violence and abuse	HE.912.PHC.2.3, HE.912.PHC.3.10, HE.912.CEH.4.1	May 20, 2024
11.2	How Well Do I Communicate With Others? (All HS Grades)	Effective communication in a relationship	HE.912.CH.2.2, HE.912.PHC.3.10, HE.912.PHC.3.1, HE.912.PHC.1.1	May 21, 2024
11.3	My Boundaries	Defining personal boundaries and how to effectively communicate boundaries	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 22, 2024
11.4	Is It Abuse If?	Teen dating violence and abuse	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 23, 2024
11.5	Know Your Options	Teen pregnancy prevention: birth control	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 24, 2024
11.6	STD Smarts	STD signs, symptoms, and testing	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 28, 2024
11.7	Using Condoms Effectively (All HS Grades)	Pregnancy prevention and STD prevention	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 29, 2024
11.8	Sexually Transmitted Infections	Understand the symptoms, effects, treatment, and prevention on the most common STIs	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.PHC.2.3, HE.912.PHC.3.1	May 30, 2024

12th Grade				
Lesson	Lesson Title	Topic(s)	FL Standards Alignment	Projected Date of Instruction for 2024
12.1	They Love Me...They Love Me Not... (All HS Grades)	Teen dating violence and abuse	HE.912.PHC.2.3, HE.912.PHC.3.10, HE.912.CEH.4.1	May 20, 2024
12.2	How Well Do I Communicate With Others? (All HS Grades)	Effective communication in a relationship	HE.912.CH.2.2, HE.912.PHC.3.10, HE.912.PHC.3.1, HE.912.PHC.1.1	May 21, 2024
12.3	My Life, My Decisions	Interpreting messages from a variety of sources about sex and examining how that impacts decision making	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 22, 2024
12.4	STD Smarts	STD signs, symptoms, and testing	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 23, 2024
12.5	Sexually Transmitted Infections	Understand the symptoms, effects, treatment, and prevention on the most common STIs	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.PHC.2.3, HE.912.PHC.3.1	May 24, 2024
12.6	Getting Savvy About STD Testing	STD testing	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 28, 2024
12.7	Know Your Options	Teen pregnancy prevention – birth control	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 29, 2024
12.8	Using Condoms Effectively (All HS Grades)	Pregnancy prevention and STD prevention	HE.912.PHC.1.2, HE.912.PHC.1.3, HE.912.PHC.2.3, HE.912.PHC.2.7, HE.912.PHC.3.1	May 30, 2024