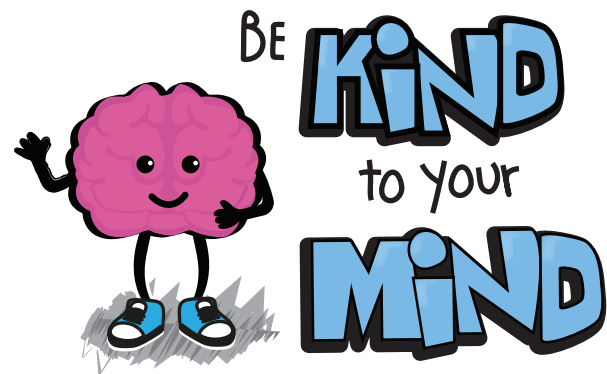


It's Smart to Ask for Help



Want help or to get something off your mind?

- Call, text, download the app, or go to 211-Broward.org to access this 24-hour anonymous helpline available to everyone in Broward County. Youth can call the Teen Helpline at 954-567-8336 (TEEN) or text 898211 to talk, share experiences, and get support from a trained professional.
- Text or dial 988 anytime to access trained crisis counselors who can help people who are experiencing mental health-related distress or who are worried about a loved one who may need crisis support. Go to 988lifeline.org to chat or learn more.
- Go to Broward County Public Schools (BCPS) Mental Health Portal, browardschools.com/mentalhealth, to find mental health service information and support.
- Go to BCPS Mental Health Services, browardschools.com/mentalhealthservices, for information, support, and services.

Want to help identify and intervene with at-risk individuals BEFORE they hurt themselves or others by reporting non-urgent threats, harassing behaviors, or potential illegal activity?

- Submit a tip to BCPS at BrowardSchools.com/SecurityTips.
- Call BCPS 24 hours a day, 7 days a week at 754-321-3500.
- Go to GetFortifyFL.com to submit a tip or to download and use the app.