

# SEPTEMBER IS SUICIDE PREVENTION MONTH



## YOUTH SUICIDE IS PREVENTABLE

**ASK.** Talk about suicide in a compassionate way.

**KEEP THEM SAFE.** Remove access to lethal options.

**LISTEN.** Be present and don't judge.

**STAY CONNECTED.** Create a support network.

**FOLLOW-UP.** Ongoing contact with professionals is key.

**Broward County Public Schools can help students at risk of suicide.  
If you or a friend are depressed or despairing, please get help.**

**BCPS Mental Health Hotline at 754-321-HELP**

**First Call for Help: 2-1-1**

**National Suicide Prevention Lifeline: 1-800-273-TALK (8255)**



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