



Bridge to New Opportunities Program



This program provides Behavioral Health counseling and life coaching services to youth with mental health and/or substance abuse problems who are at risk of initial or subsequent involvement with the Juvenile Justice system.

Date: Sunday, February 14, 2021

Location: Cypress Hammock Park 1301 Coral Springs Dr, Coral Springs, FL 33071

Time: 9:00 am – 1:00 pm

Age requirement: Youth ages 9 to 17 years old that have any of the following factors:

- Mental, behavioral, or emotional health disorders.
- Substance use issues
- Current or past traumatic stress
- Dual diagnosis. Both substance use and mental health issues
- The program connects the individual and family with necessary community resources
- Services include screening and intake, comprehensive psychosocial and assessments, individual, family and group sessions.
- All Harmony Development Center service staff are Masters level clinicians supervised by licensed staff in consultation with a Certified Addiction Professional (CAP).
- HDC utilizes a holistic (whole person) approach and therapeutic models, which include: Cognitive Behavioral Therapy, Solution Focused Brief Therapy, Motivational Interviewing, and Crisis Intervention Strategies.
- Wrap around services.
- Random drug testing.

*Receive a **LIFE COACH** that assists with: Daily Living Skills, Education Planning, College Exploration, Health and Wellness, Developing Healthy Relationships, Career Exploration, Housing Search, Money Management, Counseling and Guidance*

- Treatment is provided to the client and family who reside in Broward County for a minimum of 1 time per week over the length of 2 to 4 months.

For more information contact: Harmony Development Center or make a referral directly to
referrals@harmonydc1.org

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