FREE TRAUMA COUNSELING

Are you or someone you know experiencing changes in mood or appetite, feeling anxious, increased stress level, difficulty with coping, concentrating, sleeping or focusing in the aftermath of the MSD tragedy? If so, please reach out to one of the following organizations to receive private and personalized **free trauma counseling** by a trained professional.

YOUTH

(ages 0-18)

Susan Vialpando 754-321-1590

Broward County Schools

Rachel Hord 954-390-7654 ext. 1039 Kids In Distress

> Marilyn Camerota 954-276-0822

Memorial Healthcare System



ADULT

(ages 18+)

Tracy Klein 954-276-3402

Memorial Healthcare System

This trauma counseling provides the opportunity for individuals to begin the healing process with trained professionals. The counseling relationship is objective, non-judgmental, individualized, and understanding. Most importantly, these services are strictly confidential, provided by an organization of your choice, and at a location that is best for both you and the clinician. In-home daytime, evening, and weekend appointments are available.

YOUTH OR ADULT

Lani Fandino 954-677-3113 opt 3

Henderson Behavioral Health

Michael Houghtaling 954-321-2296 ext. 219

Smith Community Mental Health Shirley Gramajo 954-587-1417

Banyan Health Systems Kenjenique Johnson 954-587-1008

Ext. 1051

Chrysalis Health

For immediate crisis, please contact Henderson Behavioral Health

Adult Mobile Crisis Response Team 954.463.0911

Youth Emergency Services 954.677.3113 opt 3



