

PARENT TIPS FOR CODE RED DRILL



→ BEFORE THE DRILL:

- You know your child best. Approach the topic as you would any other important topic. It is important to speak honestly and openly with your child about their feelings towards the upcoming code red drill.
- Remind your child that each school has a designated team trained in safety procedures and protocols.
- Remind your child to listen to and follow the instructions from the adults around them during the drill
- Use metaphors to explain that practice means being prepared. For example, wearing a helmet while riding your bike, wearing your seatbelt in the car, and practicing a sport before the big game.

→ DURING THE DRILL:

- If you know the date and time of the code red drill at your school, please limit your direct communication with your child and the school during and immediately after that designated time

→ AFTER THE DRILL:

- Empathize with and encourage your child to speak freely about how they felt during the drill
- It is important not to “force” the conversation and let them do so at their own pace
- Use understanding and supportive language.

Additional support will be at the schools during the code red drills to assist where needed

If your child is experiencing severe distress before or after the code red drill,
please contact your school counselor

For immediate assistance, you can call 2-1-1 (Available 24/7/365)



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