



MORNING MILE VSY

Run or Walk for FUN!

Come join fellow classmates, siblings, and family members to walk or run laps for a healthy start to their day. All students and family members are welcome to join us from 8:30 AM to 9:00 AM to walk or run laps in the school playground/field area. Each lap will be recorded to help you see how far your feet can take you this year! Every 5 miles gets you a sneaker charm! Come and join the fun!



MORNING MILE
BEGINS SEPT. 6

COME WALK OR RUN
WITH US AT VSY!

START YOUR
MORNINGS RIGHT!

STUDENTS AND
PARENTS WELCOME!

GET IN YOUR DAILY
EXERCISE BEFORE
SCHOOL EVEN
STARTS!

VOLUNTEERS NEEDED

[HTTPS://VSYPTA.MEMBERSHIP
TOOLKIT.COM/VOLUNTEER](https://vsypta.membershiptoolkit.com/volunteer)

VIRGINIA SHUMAN
YOUNG
MONTESSORI

Sponsored by Under Armour

