



SILVER TRAIL MIDDLE SCHOOL

Steve Frazier, Principal

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Silver Trail Middle School Cheerleading: Rules and Expectations 2021-2022



The priorities of all cheerleaders should be as followed:

1. Academics
2. Cheerleading

The purpose of an STMS Cheerleader is:

- A. To promote and uphold school spirit
- B. Develop a sense of good sportsmanship among teammates, STMS students, and opponents
- C. To build character in the individual
- D. To encourage crowd involvement during games and events
- E. To represent the school in a positive manner at ALL times!

The STMS Cheerleading team will follow all Broward County Schools and Silver Trail Middle School rules and regulations. Furthermore, all cheerleaders must abide by the following policies:

1. Cheerleaders will attend all practices, games, and events with the exception of a doctor's excuse, death in the family, medical emergency, or special permission from the coach. A note is ALWAYS needed for any absence! (More than 3 unexcused absences will result in dismissal from the team)
2. Cheerleaders must have their own form of transportation to and from all practices, games and events.
3. Cheerleaders will have a good attitude throughout the season and will work as a team cooperatively. We succeed as a team and meet challenges together as a team.
4. Cheerleaders will maintain a "C" average or better in all classes. You must submit a grade sheet signed by all your teachers the day before a game, in order to be eligible to cheer at the game.

Experience a New Beginning: Let your imagination Set Sail



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5. Respect will be given to all teammates, coaches, officials, and opposing teams always.
6. A cheerleader must be at the practice before a game in order to cheer in the next game. Be sure to submit grade sheet signed by all teachers at this time.
7. A cheerleader must be present at school THE DAY OF THE GAME. If she does not attend school the day of a game for more than half the day, she will NOT cheer in that game.
8. A cheerleader will be prepared for all practices, games and events. This includes having her uniform, shoes, hair bow, poms, etc. Proper practice attire consists of athletic shoes, athletic shorts, and a shirt. NO BARE MIDRIFF SHIRTS or TINY SHORTS, unless we are in the gym without an audience. Failure to be dressed appropriately will result in sitting out during practice.
9. A cheerleader is RESPONSIBLE! This includes being aware of practice and game dates and times, knowledge of material, care of uniform and warm-up, care of facilities (pick up trash, etc).
10. There is NO guarantee that every girl will cheer in every game. Each cheerleader must EARN the privilege to cheer through attendance, grades, attitude, practice, and responsibility of perfecting chants, cheers, and dances to be performed during games.

Failure to comply with these rules and expectations may result in being benched during a game, or dismissal from the team at the coach's discretion.

I know that the coaches' and judges' decision is final after determining the STMS cheerleading teams for the 2021 season. I have read and understand the expectations of the tryouts and the STMS Cheerleading rules I must follow in order to become a cheerleader and will comply with the rules and expectations if I make the STMS cheerleading team.

(Signature of Participant)

(Date)

(Signature of Parent/Guardian)

(Date)