

WEEKLY BEHAVIOR TIPS

"PAIRING WITH SOMETHING REINFORCING"



Reinforcer- Something presented after a skill/behavior that increases the likelihood that the skill/behavior will occur again.

Pairing- The process to help form and maintain rapport with a child by combining (i.e. pairing) the learning environment and the parent with already established reinforcers.



Make yourself the reinforcer!



Remember: Pairing will help you develop your leadership control. Having this instructional control is what motivates your child to listen to you and do what you ask.

Informational corner:

Pairing will help you build and increase a rapport with your child. Pairing also assists in establishing instructional control, meaning the child **LISTENS** to and **COMPLIES** with your **INSTRUCTIONS**. You'll find as you utilize the *pairing* technique, it is a beneficial tool to get you through the less preferred parts of the day.



For this mom and son clean up time is not a preferred time of day.



This mom "pairs" with her daughter daily and clean up time is reinforcing to them both!

The PAIRING Procedure:

1. **COLLECT** multiple **STRONG REINFORCERS** that you know your child enjoys.
2. **PROVIDE** your child with **ACCESS** to these **REINFORCERS (through you)**, without placing any demands.
3. **HAVE FUN PLAYING!** Be silly and fun! Follow your child's lead.
4. **USE LOTS OF PRAISE** and mimic your child's vocalizations. Comment on your child's play and use his/her name often during the allotted pairing time. (E.g. "Wow Mikey, there goes the train! So fast!")

TIPS to PAIR with YOUR CHILD

- Set aside time every day to sit down with your child and "pair" together.
- During pairing, allow your child free access to items or activities that your child loves.
- Ensure these reinforcing items are only available to your child through you.
- Put away these toys when you are not playing and pairing with your child.
- When you begin pairing, bring the toys out and give them to your child.



RESOURCES: VIDEO EXAMPLES OF PAIRING

[HTTPS://YOUTU.BE/N0H24ZKYMBW](https://youtu.be/N0H24ZKYMBW)

[HTTPS://YOUTU.BE/40-QHIAUWPW](https://youtu.be/40-QHIAUWPW)

