WEEKLY BEHAVIOR TIPS

"PAIRING WITH SOMETHING REINFORCING"



Reinforcer- Something presented after a skill/behavior that increases the likelihood that the skill/behavior will occur again.

Pairing- The process to help form and maintain rapport with a child by combining (i.e. pairing) the learning environment and the parent with already established reinforcers.

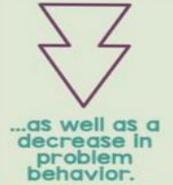


Make yourself the reinforcer!

When you pair with a child you are more likely







Remember: Pairing will help you develop your leadership control. Having this instructional control is what motivates your child to listen to you and do what you ask.

Informational corner:

Pairing will help you build and increase a rapport with your child. Pairing also assists in establishing instructional control, meaning the child LISTENS to and COMPLIES with your **INSTRUCTIONS**. You'll find as you utilize the pairing technique, it is a beneficial tool to get you through the less preferred parts of the day.

For this mom and son clean up time is not a

preferred time of day.



This mom "pairs" with her daughter daily and clean up time is reinforcing to them both!

The PAIRING Procedure:

- 1. COLLECT multiple STRONG REINFORCERS that you know your child enjoys.
- 2. PROVIDE your child with ACCESS to these REINFORCERS (through you), without placing any demands.
- **3. HAVE FUN PLAYING!** Be silly and fun! Follow your child's lead.
- **4. USE LOTS OF PRAISE** and mimic your child's vocalizations. Comment on your child's play and use his/her name often during the allotted pairing time. (E.g. "Wow Mikey, there goes the train! So fast!")

TIPS to PAIR with YOUR CHILD

- Set aside time every day to sit down with your child and "pair" together.
- During pairing, allow your child free access to items or activities that your
- Ensure these reinforcing items are only available to your child through
- Put away these toys when you are not playing and pairing with your child.
- When you begin pairing, bring the toys out and give them to your child.

DO NOT DELIVER ANY DEMANDS WHEN PAIRING! For example, saying "Come with me, or look at this" are demands. During pairing we want to avoid these demands when possible. Instead let your child lead you.



Who says parenting can't be fun!

RESOURCES: VIDEO EXAMPLES OF PAIRING

HTTPS://YOUTU.BE/N0H24ZKYMBW

HTTPS://YOUTU.BE/40-QHIAUWPW

