



# TRAUMA COUNSELING

Are you a Broward County resident - *youth or adult* - affected by the recent tragic school shooting? If you are experiencing feelings of depression, anxiety, *PTSD*, anger, grief, or are having difficulty communicating, focusing or feeling stressed, please know that free help is available.

## Youth

### Kids In Distress

Rachel Hord  
954-390-7654 ext 1039

### Memorial Healthcare System

Joshua Plantz  
954-276-0920



## Adult

### Memorial Healthcare System

Tracy Klein  
954-276-3402

## Youth -or- Adult

### Henderson Behavioral Health

Lani Fandino  
954-677-3113 opt 3

### Smith Community Mental Health

Michael Houghtaling  
954-321-2296 ext 219

### Banyan

Shirley Gramajo  
954-587-1417

### Chrysalis

Kenjenique Johnson  
954-587-1008 ext

*Counseling provides the opportunity for individuals to begin the healing process with trauma trained professionals. The counseling relationship is objective, non-judgmental, and understanding. Most importantly, services are strictly confidential, available at no cost and provided by an organization of your choice. Daytime, evening and weekend appointments are available.*

**For immediate crisis services, please contact Henderson Behavioral Health:**

Adult Mobile Crisis Response Team 954.463.0911

Youth Emergency Services 954.677.3113 opt 3

