



# PARENTS AND FAMILIES: LUNCH & LEARN WEBINAR SESSIONS

The Florida Diagnostic and Learning Resources System (FDLRS) has partnered with SEDNET to provide 2 parents sessions.

Each session has a unique registration link

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## Setting Up Your Home's Learning Environment up for Success: Understanding the Needs for Adults and Children

**Date:** March 30, 2020

**Time:** 11:30am-12:30pm EST

**Location:** Virtual Webinar (link will be provided at registration)

**REGISTER FOR THIS SESSION:** [BIT.LY/SEDNET330](https://bit.ly/sednet330)

Virtual learning and work can be stressful for all, children and adults alike. This sudden change in the way of work and school can bring about uncertainty, stress, and fear. But there are ways to help reduce the impact of this new way of work and learning. In this session, attendees will acquire some tips and strategies on how to set up their home in a way that can assist in decreasing the stress and finding the positives for all.

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## Addressing Special Needs in the Virtual Environment

**Date:** April 2, 2020

**Time:** 11:30am-12:30pm EST

**Location:** Virtual Webinar (link will be provided at registration)

**REGISTER FOR THIS SESSION:** [BIT.LY/SEDNET42](https://bit.ly/sednet42)

All children learn in their own way, but for some children their special needs require a little extra attention in the virtual environment. In this session, families will gain insight into ways to help them set up their home learning environments that give extra emphasis in this area. Strategies that assist and support caregivers will be presented. Special focus will be given to emotional regulation in order to build up the positives in a home learning environment.