

Frequently Asked Volleyball Rules Questions

- Attacking the service-- not legal – loss of rally/point opponent
- Ball pressure-- 4.3 to 4.6 pounds per square inch
- Back row player—it is not legal when a back row player is attempting to block near the top of the net
- Blocking the serve-- not legal - loss of rally/point opponent
- Ceiling over playable area-- playable
- Change of team areas before deciding game-- release from end lines prior to coin flip completed
- Correctable errors-- can be made by the official(s)
- Court-- indoor courts are 60' x 30' to the outer edges of the boundary lines also include an attack area designated by a line 2 inches wide;(10') back from the center line.
- Contact with net cables outside the antenna's-- net violation
- Contacting the ball while in the net on opponent's side-- net foul
- Contact with net supports-- Fault, dangerous, illegal - loss of rally/point
- Do the lines extend? Yes, the key to most line rules is that the line is part of the area it delineates. Also, all lines extend infinitely beyond the court. The side and end lines are part of the court. The 10-foot line is part of the attack area. The 2 small lines on each side the serving area (extension of side lines) are also part of the serving area.
- Backboards-- judgment replay for vertical backboards
- Blood on uniform-- treat as injured player, must change to another uniform
- Center line-- can touch opponents court with feet or hands, providing some part of extremity is on or above the center line, but **NOT COMPLETELY OVER**.
- Coin toss-- visitor pre-game BUT home for deciding set/game
- Choice of playing area-- HOME team always chooses at the beginning of a match
- Change in lineups after submitted at 2min of 1st set, and 1 min prior to 2/3rd set -- **not** allowed (may substituted prior to match begins only)
- Delivery of service—after the ball is released for service, it may be caught or allowed to drop to the floor to get a re-serve/second try - **once per rotation per server**.
- Illegal substitutes-- penalty. Unnecessary delay
- Insignificant net contact-- always a foul except if contacted by hair
- Jewelry during warm-ups -- not legal
- Jewelry during play-- not legal. Unnecessary delay

- Length of timeouts-- 60 seconds
- Legal contact-- any body part, as long as no prolonged contact
- Lines (2 inches wide) all lines are in bounds
- Line judge positions during time outs—10 ft line of referee side of the court
- Multiple contacts-- legal on block and first team contact
- Net height 7'4 1/8" – middle school
- Coach may stand to coach in the libero replacement zone only, at least 6' back
- Number of players—6 players to begin a match, but may continue with less than six players due to injury, illness or disqualification unfilled position

- Number of timeouts-- 2 per set/game
- Number of substitutes—18 subs
- Pre-match conference—head coach and captain must attend
- Padding—required
- Playing the ball when player is across the out-of-bounds extension of the center line—legal if the ball has not completely crossed the plane of the net.

- Roster changes-- player can be added after penalty, - point to opponent
- Rosters due-- 10 minutes before match (failure to submit – point to opponent)
- Switching courts in deciding game-- decided during coin toss
- Substitution request at time outs-- may occur before, during or after timeout expires
- Timeout to protest by coach-- yes, to review a decision NOT based on judgment
- Timeout ends early-- yes, when BOTH teams are ready to play
- May teams to leave court area during timeouts-- no (coach may enter court)
- Talk to referees-- coach or playing captain
- Uniforms-- NO exposed undergarments may be worn
- Unsportinglike conduct-- warning yellow card, 2nd yellow card – player disqualified
- Water during timeout-- no liquid or powder on court (penalty - unnecessary delay)
- Warming up during timeouts – yes but player or ball is not allowed to go on the opponent's side