



Standing Regulations  
For  
Volleyball

2024-2025

## MSAA VOLLEYBALL DATES

<b>Start Practice Date</b>	<b>School Decision</b>
<b>Monday December 2, 2024</b>	Volleyball Coaches Meeting @ 6:00pm via Teams
<b>Monday December 2, 2024</b>	Volleyball eligibility sheets due
Monday, December 2, 2024	First Week of Volleyball Games
Wednesday, December 4, 2024	Boys Start First
Thursday, December 19, 2024	Girls Start First
Friday, December 20, 2024	Last Day for Volleyball Drop/Add
Tuesday January 21, 2025	Playoffs
<b>*Monday, February 3, 2025</b>	Boys' & Girls' Volleyball Semi Finals and Championship <b>Pompano Beach HS</b>

**\* This date may change based on the availability of high school facilities**

**Boys will play first up to and including December 18, 2024, after that date the  
Girls will play first starting December 19, 2024**

**All make up games played after 19<sup>th</sup> will revert to the new schedule  
(meaning whatever gender playing at this time, will continue)**

**Girls will play first in playoff double headers.**

## MSAA VOLLEYBALL

**The National Federation Rules Book will be adhered to with the following additions if not included in the rules.**

- 1) The typed eligibility roster form including name, grade, birth date, uniform number, conduct grades, and the unweighted GPA of 2.0 or higher must be submitted to the County Athletic Department (Fax # 754-321-1205) by **3:00pm on December, 2 2024**. Conduct grades and the GPA **MUST** be taken from the 2nd quarter report card of the 2023-2024 school year. An athlete not listed on the roster is ineligible to participate. Any additions or deletions to the team roster must be sent to the County Athletic Department by noon on **December 20, 2024**. A forfeit will result for each contest that rosters are not submitted.
- 2) Parental permission and insurance forms must be kept on file for each student and copies brought to **each** competition in case of injury.
- 3) The principal of each school must sign the game contract for each contest. The home school should initiate the contract indicating date, arrival time, time of the contest, location of contest (if other than school site), cost of any admission fee, any specific stipulations, and uniform colors.
- 4) The MSAA requires the home team to provide administrative supervision at an athletic contest. If your principal decides that an administrator is necessary for an away contest that is a school-based decision. The exception shall be that at all playoff and championship games, both participating schools will be required to provide administrative supervision.
- 5) **Coaches must exchange player rosters and each coach shall submit their starting lineup arrangement to the official prior to the start of each game.** Required information for the player roster exchange: Athlete Name, Uniform Number, Grade.
- 6) Each team will be allowed two (2) time outs per match.
- 7) The ball shall be spherical and have a laceless leather cover. The home team's ball will be used, providing it meets all specifications. The air pressure of the leather ball should be 4.3-4.6 **PSI of air pressure**.
- 8) All jerseys shall be numbered on the back, each with a different number at least 6 inches in height, as specified in National Federation Rules.

- 9) In all matches, each team shall be composed of six (6) players.
- 10) The following conditions govern the substitution of players:
- A. The **head coach only** may request a substitution from the referee.
  - B. The incoming player must take the position and place in serving order of the player for whom he/she is substituting. No change shall be made in the order of rotation.
  - C. A player who re-enters the game must return to his/her original position in the serving order. Ex. 3/8/3/10 is legal; but they're LOCKED in that position.
  - D. There will be a total of 18 team substitutes per game permitted.
  - E. A player shall report to the referee before entering the game, waiting on the sideline in the substitution zone until the referee signals the substitute to enter.
- 11) The centerline is to be, preferably, two (2) inches in width, however, four (4) inches in width will be allowed.
- 12) The net height for both boys' and girls' matches will be 7 feet 4 1/8 inches.
- 13) All home teams should have a table or a referee stand (which is preferred) for the referee to stand on. Same side if possible.
- 14) School **MUST PAD** the volleyball standards, referee platforms, and cables. Use of commercial padding and/or tumbling mats is acceptable.
- 15) **Rally scoring will be used throughout the entire match.**
- 16) **Each match set shall consist of twenty-one (21) points, with the winner winning by at least two (2) points. Each match is best of two out of three sets.**
- 17) **Only adults may keep the official scorebook or run clock.**
- 18) A foot fault will be called if the server steps on or over the end line at the moment ball contact is made.
- 19) A player may cross the plain of the net on the follow-through of a spike. When attempting to block the ball a player may cross the plain of the net as long as the offensive team has had the opportunity to make its three (3) contacts.
- 20) Proper match etiquette:
- A. Line up on back serving line before/after match.
  - B. Line up for handshaking and switching sides
  - C. Signal referee for substitution

1. Substitute must exchange places inside 10' line.
- 21) **NO JEWELRY IS PERMITTED!** A player may not place tape over cosmetic jewelry. Religious medals and medical-alert medals are not considered jewelry but must be taped down during competition.
- 22) **NO** face or body paint, colored hair spray or metal hair accessories are permitted.
- 23) The Volleyball Commissioner will assign one official per match based on the master schedule. Any changes in dates, time, or place, etc. **can only be made by the county Athletic Department.** Requests for schedule changes can be made via telephone (754-321-1201), fax (754-321-1205) or e-mail. The County Athletic Department will be responsible for notifying the Volleyball Commissioner.
- 24) Each school will play an eight match schedule. Each school will play the members of its division at least one time. In the event that a division does not have a complete division (9 teams), the County Athletic Office will complete your schedule with teams from another division. Division standings will be based on all contests played against divisional opponents only.
- 25) Match results must be emailed to the Division Leader by the home team Athletic Director. If match results are not submitted within 24 hours of the end of a match, the home team will be awarded a loss.
- 26) The first and second place team in each division will qualify for the playoffs. In the case of a tie the MSA "Tiebreaker" format will be followed. The County Athletic Department will create the playoff brackets and notify all qualifying schools of the playoff schedule.
- 27) Any athlete ejected from a contest for unsportsmanlike conduct must sit out, at least, the next match. The athlete is not permitted to ride the bus, suit up, or sit on team bench. If the ejection occurs during the last match of the season, the athlete must sit out the first game of the next season for which he/she participates. In addition, the athlete must complete the Unsportsmanlike Learning Packet. Parent or guardian, coach, and the school principal must sign the packet. The school athletic director must submit the packet to the County Athletic Department prior to the athlete returning to interscholastic competition. The athlete may not return to interscholastic competition until the Athletic Director is advised that he/she may do so by the County Athletic Department. The coach may not return to coaching duties until the Athletic Director is advised that he/she may do so by the County Athletic Department.

- 28) Any coach ejected from a contest for unsportsmanlike conduct must sit out, at least, the next match. It is the responsibility of the Principal and Athletic Director to assign a staff member to coach the next match played. In addition, the coach must meet with the school principal and athletic director, obtain their signatures and submit the documentation of the meeting to the County Athletic Department prior to being permitted to return to coaching.
- 29) **AGE REQUIREMENT:** Any student who turns 15 years of age on or before **August 31, 2024 is ineligible** to compete in MSAA interscholastic athletic contests. Any student who turns 15 on or **after September 1, 2024** is eligible to compete for the entire 2023-2024 school year as long as his/her GPA and conduct grades meet MSAA Requirements.