

STAFF TIPS FOR CODE RED DRILL



We will begin the Code Red Drills at the start of the 2018-2019 School Year. Please note that this may cause some students (and staff) discomfort. Drills still remain the best way to prepare students and staff for the safest outcome possible. The authority in the room can be instrumental in setting the tone for the entire group. Here are a few tips to help you be prepared to lead:

- Breathe (Slow and deep)
- Remind yourself that you are prepared
- Empathize with and encourage those who may feel triggered by the drill
- Use understanding and supportive language



REMIND STUDENTS OF THE CODE RED LOCKDOWN PROCEDURES:

- The SAFE Team are faculty/staff that are trained in procedures to ensure the school is following safety protocol
- Listen to and follow the instructions from the adults around you
- Practice means being prepared

Helpful metaphors: wearing a helmet when riding your bike, wearing a seatbelt in the car, sports practice for the big game, etc.



- The code red drill is a “just-in-case” plan

Additional support will be at the schools during the code red drills to assist where needed

If your child is experiencing severe distress before or after the code red drill, please contact your school counselor

For immediate assistance, you can call 2-1-1 (Available 24/7/365)



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PARENT TIPS FOR CODE RED DRILL



→ BEFORE THE DRILL:

- You know your child best. Approach the topic as you would any other important topic. It is important to speak honestly and openly with your child about their feelings towards the upcoming code red drill.
- Remind your child that each school has a designated team trained in safety procedures and protocols.
- Remind your child to listen to and follow the instructions from the adults around them during the drill
- Use metaphors to explain that practice means being prepared. For example, wearing a helmet while riding your bike, wearing your seatbelt in the car, and practicing a sport before the big game.

→ DURING THE DRILL:

- If you know the date and time of the code red drill at your school, please limit your direct communication with your child and the school during and immediately after that designated time

→ AFTER THE DRILL:

- Empathize with and encourage your child to speak freely about how they felt during the drill
- It is important not to “force” the conversation and let them do so at their own pace
- Use understanding and supportive language.

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