

MENTAL HEALTH AND WELLNESS

Supporting our Community

FLYERS

1. Hours: Broward County Resiliency Center
2. Support Groups at Broward County Resiliency Center
3. Employee Assistance Program – Counseling
4. Trauma Counseling – Broward Behavioral Health Coalition
5. Mindfulness Workshops for Adults in the Stoneman Douglas Zone
6. Tomorrow's Rainbow, Incorporated

For assistance between 9 a.m. – 5 p.m.

Please call the Hotline at

754-321-HELP (4357)

After 5 p.m., dial **2-1-1**

For additional resources online, visit browardschools.com/CrisisSupport

To offer your support or services to the community,

visit browardschools.com/WeSupport