



# HOT DOCS

(Helping Our Toddlers, Developing Our Children's Skills)

Do you ever feel frustrated with your child? Have you experienced problems with getting your child to sleep, eat, get dressed, take a bath, follow directions, calm down, sit quietly, get into the car, go on errands with you and allow you to change their diaper?

HOT DOCS is a 7-week parent training (ages 2-5 years) developed by the University of South Florida Pediatrics Department. This program teaches a problem-solving method to figure out the function or the "why" of kids' problem behaviors. Once we figure out the "why", we can teach specific prevention strategies and techniques for modifying the consequences of a child's behavior. Often kids use problem behaviors because they don't have the skills or know how to do more appropriate behaviors. As parents we must specifically TEACH kids the behaviors we want them to do. The skills we teach in HOT DOCS are behaviorally-based, so they are applicable to people of all ages, but the examples, stories and videos used are mostly aimed at kids birth to five years old. *It is recommended parents attend all seven workshops in sequence because each workshop builds on skills from previous workshops; however, parents may attend any of the workshops in the series.*

<b>Dates:</b>	<b>April 3</b>	<b>Session 1</b>
	<b>April 10</b>	<b>Session 2</b>
	<b>April 17</b>	<b>Session 3</b>
	<b>April 24</b>	<b>Session 4</b>
	<b>May 1</b>	<b>Session 5</b>
	<b>May 8</b>	<b>Session 6</b>
	<b>May 15</b>	<b>Session 7</b>
<b>Time:</b>	<b>6:30 p.m until 8:30 p.m.</b>	
<b>Location:</b>	<b>Davie Elementary 7025 S.W. 39<sup>th</sup> Street Davie, FL 33314</b>	
<b>Presenters:</b>	<b>Dale Devier, School Psychologist for Broward County Schools Kimberly DiLuzio, FDLRS Child Find Program Specialist</b>	

**No Registration Required! For more information, contact Carol Beitler, FDLRS Program Specialist-Parent Services at 754-321-2211 or [carol.beitler@browardschools.com](mailto:carol.beitler@browardschools.com)**  
**ESE Parent Workshop Information is available on the ESE website**  
<http://www.broward.k12.fl.us/studentssupport/ease/html/WORKSHOP.htm>



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