



The Trailblazer

Thomas (Rick) Redshaw, Principal
Lisa Rodriguez, Assistant Principal

March 2016

Volume 6



"Unmask Your Superhero at Park Trails Elementary"

**PARK TRAILS
ELEMENTARY
SCHOOL**
10700 Trails End
Parkland, Florida 33076
754-322-7800
parktrails.browardschools.com

Rumor Control Hotline
754-321-0321

**Broward County
Homework Hotline**
754-322-1970
4:00pm – 8:00pm

**Park Trails
Attendance Line**
754-322-7802

Trailblazer
karen.lynn.gallo@browardschools.com

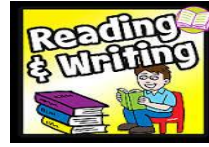
After School Programs
954-596-9000

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Dates to Remember:

- March 8 Reading & Writing Night – 6-8 PM
- March 17 Early Release Day – Dismissal 12:15 PM
- March 18 Employee Planning (no school for students)
- March 21-25 Spring Break (no schools for students)



Reading and Writing Night

Reading and Writing Night is March 8th, 2016 from 6:00 PM – 8:00 PM.

Author and Broward County Teacher **Susie Ruder** will be at Park Trails Elementary.

Parkland Library will be here to sign you up for your very own library card.



Flower Delivery

We would appreciate no floral/balloon deliveries at school. We do not send them to the classrooms for students.

Our SAC meeting was held on Monday, February 22nd and it was reported that the uniform vote DID NOT pass.

There were over 800 ballots (one per family) sent out and the required 66 2/3% supporting uniforms was not met. Additional details are logged within our SAC minutes. According to school uniform guidelines, this issue can be addressed again in three years.

Also, it was suggested to offer additional spirit/school tees through our PTA. This will be an upcoming discussion for staff and PTA to consider.

Go, Panthers!

Visitor Parking

Parking is available for visitors in the front of the school in any space not marked "Staff".

No visitor parking is allowed in the back lot.



Cafeteria Prepayment Schedule – March 17 Days

Full Paid

Lunch 17 @ \$2.00 = \$34.00
Ice cream 04 @ \$0.65 = \$2.60
Icic (Friday) 02 @ \$0.50 = \$1.00

Reduced

Lunch 17 @ \$0.40 = \$6.80
Ice cream 04 @ \$0.65 = \$2.60
Icic (Friday) 02 @ \$0.50 = \$1.00

Monthly breakfast and lunch menus can be found online at <http://browardschools.nutrislice.com>

Do you wish to have the Trailblazer E-mailed to you monthly? If so, please e-mail pierre.poulard@browardschools.com with your request.



EARLY DISMISSAL POLICY

While we understand that certain situations necessitate the early dismissal of students, we ask that you keep these to a minimum. **Signing out early may count towards establishing a pattern of non-attendance that may indicate early signs of truancy. A pattern of non-attendance may be established when early sign-outs exceed 5 days in a marking period or 10 days in two marking periods.** If you know in advance that you will be picking up your child early, please write a note to the teacher so the student will be ready when you arrive. We will call the student out of class when you come in to the office. Students will only be released to parents/guardians who registered the child or indicated another adult be allowed to pick up the child. **Please have identification available.**



Cell phone use is prohibited in student drop off and pick-up areas.



Fast food is prohibited in the cafeteria.

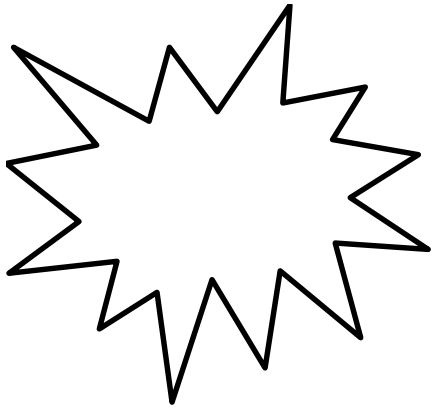
If parents would like to bring students fast food such as McDonald's, Subway, etc., they must sign-in at the security office and share these special lunches with their children at the bistro tables in the main hallway. If another child, whether it is a friend or a relative, is going to be spending this time with you and your child, written permission from their parent is required. Please notify the teacher ahead of time.

Arrival time:

Students should not arrive at school before 7:45 AM

Volunteers

All volunteers working at school must have a permanent volunteer badge for the school year. If you don't have one yet, please register online www.browardschools.com/getinvolved



Active Parenting Now!

(For Parents of Children in Pre-K)

Park Trails Elementary is happy to announce Active Parenting!! A series to provide parents with guidance and support to transform the challenges of raising their children into opportunities for growth.

Participants will learn:

- Styles of parenting
- Positive skills for clear, honest communication
- Respectful basic and advanced discipline techniques to teach your child to make better choices resulting in appropriate behavior
- Using the Think-Feel-Do Cycle and BANK method to intervene and build self-esteem
- Concrete strategies to prevent risky behavior and help your child to resist peer pressure
- Problem solving methods including using family meetings and the FLAC method
- Decreasing power struggles
- Handling anger

Every Participant will receive the book, Parents Guide to Raising Happy and Successful Children, 4th Ed. by Dr. Michael Popkin.

Join us at Park Trails Elementary in our Media Center for this series every Monday evening beginning on 02/29/2016 – 04/11/2016 from 6:00-8:00 PM. Parenting sessions will not occur during Spring Break (03/21/2016-03/25/2016).

Please call 754-322-7800 to register with Denise Collins or Kim Davis.



Join us for an informative evening for students with learning differences and their families.

Broward County resources will be available for families as well as guest speaker Dr. Antoine Hickman, ESE Executive Director.



ESE ADVISORY COUNCIL RESOURCE FAIR

March 16, 2016 | 6:30 pm - 8:30 pm



**Piper High School
8000 NW 44th Street Sunrise, FL 33351**

For more information contact Kelley Thomerson
954-816-7995 or email ese.chair@gmail.com

Breakfast Menu

Elementary Schools

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Prices Adult (Includes beverage) (\$1.80)	<ul style="list-style-type: none"> ◆ Pork Sausage Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt Parfait ◆ Chilled Pears ◆ Fresh Fruit ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Snack N Waffles ◆ Assorted Cereals & Mini Loaf ◆ Yogurt & Mini Loaf ◆ Strawberry Cup ◆ Raisins ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Baked Chicken Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Crispy Baked Hash Browns ◆ Chilled Apricots ◆ Apple Juice ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Apple Cinnamon Bun ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Chilled Applesauce ◆ Dried Strawberry Flavored Cranberries ◆ Low Fat Milk
<ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Chilled Peaches ◆ Florida Orange Juice ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Pork Sausage Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt Parfait ◆ Chilled Pears ◆ Fresh Fruit ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Max Cinnamon Pancakes ◆ Assorted Cereals & Mini Loaf ◆ Yogurt & Mini Loaf ◆ Strawberry Cup ◆ Raisins ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Turkey Canadian Bacon and Egg & Cheese Croissant ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Apple Juice ◆ Chilled Apricots ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Sausage Wrapped Pancake ◆ Assorted Cereals & Super Star Rounds ◆ Yogurt & Super Star Rounds ◆ Chilled Applesauce ◆ Dried Strawberry Flavored Cranberries ◆ Low Fat Milk
<ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Florida Orange Juice ◆ Chilled Peaches ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Pork Sausage Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt Parfait ◆ Chilled Pears ◆ Fresh Fruit ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Mini Maple Waffles ◆ Assorted Cereals & Mini Loaf ◆ Yogurt & Mini Loaf ◆ Strawberry Cup ◆ Raisins ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Baked Chicken Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Apple Juice ◆ Chilled Apricots ◆ Low Fat Milk 	No School – Spring Break
No School – Spring Break	No School – Spring Break	No School – Spring Break	No School – Spring Break	No School – Spring Break
<ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Chilled Pears ◆ Apple & Eve Juice ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Pork Sausage Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt Parfait ◆ Strawberry Applesauce Cup ◆ Peach Cup ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Eggo Blueberry Pancake ◆ Assorted Cereals & Nutragrain Bar ◆ Yogurt & Nutragrain Bar ◆ Strawberry Cup ◆ Raisins ◆ Low Fat Milk 	<ul style="list-style-type: none"> ◆ Baked Chicken Patty & Biscuit ◆ Assorted Cereals & Biscuit ◆ Yogurt & Biscuit ◆ Crispy Baked Hash Browns ◆ Apple Juice ◆ Chilled Apricots ◆ Low Fat Milk 	

More Details: <http://browardschools.nutrislice.com/menu/elementary/breakfast/march/2016/>
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Lunch Menu

Elementary Schools

MARCH 1-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Prices Elementary Students (\$2.00) Middle School Students (\$2.85) High School (\$2.50) Adult (\$2.75)	1 <ul style="list-style-type: none"> ◆ Hot Italian Sub ◆ Pizza Stick With Marinara Sauce ◆ Tuna Salad on a Wheat Bun ◆ Garden Fresh Entrée Salad ◆ Celery Sticks ◆ California Blend Vegetables ◆ Marinara Sauce ◆ Green Apple Juice ◆ Fresh Fruit ◆ Low Fat Milk 	2 <ul style="list-style-type: none"> ◆ All Beef Hot Dog on a Whole Wheat Bun ◆ Chicken Empanadas ◆ Garden Fresh Entrée Salad ◆ Oven Browned Potato Wedges ◆ Vegetarian Baked Beans ◆ Chilled Mixed Fruit ◆ Fresh Fruit ◆ Low Fat Milk 	3 <ul style="list-style-type: none"> ◆ Beef-a-roni ◆ Deli Style Turkey Ham & Cheese Wrap ◆ Garden Fresh Entrée Salad ◆ Wheat Roll ◆ Cucumber Slices ◆ Steamed Broccoli ◆ Chilled Peaches ◆ Fresh Fruit ◆ Low Fat Milk 	4 <ul style="list-style-type: none"> ◆ Golden Baked Chicken Nuggets ◆ Fish Patty on a Wheat Bun ◆ Garden Fresh Entrée Salad ◆ Sweet Potato Waffle Fries ◆ Steamed Corn ◆ Fruit Blend Juice ◆ Fresh Fruit ◆ Cheez-It Crackers ◆ Low Fat Milk
7 <ul style="list-style-type: none"> ◆ Pizza Wedge ◆ Asian Egg Roll ◆ Garden Fresh Entrée Salad ◆ Baby Carrots ◆ Steamed Broccoli ◆ Rips Slush ◆ Fresh Fruit ◆ Low Fat Milk 	8 <ul style="list-style-type: none"> ◆ Oven Fried Chicken ◆ Latin Style Black Beans With Brown Rice ◆ Tuna Salad on a Wheat Bun ◆ Garden Fresh Entrée Salad ◆ Black Beans ◆ Caramelized Plantains ◆ Salsa ◆ Blue Raspberry Juice ◆ Fresh Fruit ◆ Low Fat Milk 	9 <ul style="list-style-type: none"> ◆ All Beef Hot Dog on a Whole Wheat Bun ◆ Cuban Pork Sandwich ◆ Garden Fresh Entrée Salad ◆ Fresh Mini Sweet Peppers ◆ Oven Browned Potato Smiles ◆ Chilled Mixed Fruit ◆ Fresh Fruit ◆ Low Fat Milk 	10 <ul style="list-style-type: none"> ◆ Beef Nachos With Shredded Cheese ◆ Refried Beans With Nachos ◆ Deli Style Turkey & Cheese Wrap ◆ Garden Fresh Entrée Salad ◆ Steamed Corn ◆ Refried Beans ◆ Salsa ◆ Chilled Peaches ◆ Fresh Fruit ◆ Low Fat Milk 	11 <ul style="list-style-type: none"> ◆ Popcorn Chicken Smackers ◆ Oven Grilled Cheese Sandwich ◆ Garden Fresh Entrée Salad ◆ Oven Browned Potato Wedges ◆ Steamed Green Beans ◆ Grape Juice ◆ Fresh Fruit ◆ Kids Mix Snack ◆ Low Fat Milk
14 <ul style="list-style-type: none"> ◆ Turkey Pepperoni Calzonetta ◆ Crunchy Fish Nuggets ◆ Garden Fresh Entrée Salad ◆ Baby Carrots ◆ Steamed Spinach ◆ Marinara Sauce ◆ Chilled Applesauce ◆ Fresh Fruit ◆ Low Fat Milk 	15 <ul style="list-style-type: none"> ◆ Golden Baked Chicken Nuggets ◆ Latin Style Black Beans With Brown Rice ◆ Tuna Salad on a Wheat Bun ◆ Garden Fresh Entrée Salad ◆ Steamed Broccoli ◆ California Blend Vegetables ◆ Salsa ◆ Mixed Fruit ◆ Green Apple Juice ◆ Low Fat Milk 	16 <ul style="list-style-type: none"> ◆ Cheesburger on a Whole Wheat Bun ◆ Jamaican Beef Patty ◆ Garden Fresh Entrée Salad ◆ Potato Rounds ◆ Steamed Corn ◆ Frozen Whole Fruit Cup ◆ Fresh Fruit ◆ Low Fat Milk 	17 <ul style="list-style-type: none"> ◆ Baked Corn Dog ◆ Ez Jammers ◆ Heartzel Pretzel ◆ Fruitable ◆ Baby Carrots ◆ Dried Strawberry Flavored Cranberries ◆ Chilled Apple Slices ◆ Low Fat Milk 	18 No School - Spring Break

More Details: <http://browardschools.nutrislice.com/menu/elementary/lunch/march/2016/>
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Broward County Public Schools

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Lunch Menu


Elementary Schools

MARCH 21-31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21 No School - Spring Break	22 No School - Spring Break	23 No School - Spring Break	24 No School - Spring Break	25 No School - Spring Break
28 <ul style="list-style-type: none"> • Pizzoni Pan Cheese Pizza • Teriyaki Beef Toppers Over Brown Rice • Banana • Fruitable • Steamed Broccoli • Strawberry Cup • Chilled Applesauce • Local Milk 	29 <ul style="list-style-type: none"> • Heirloom Spaghetti With Meat Sauce • Tuna Salad on a Wheat Bun • Garden Fresh Entrée Salad • Cranberry • Mixed Veggies • Roasted Corn • Apple & Ewe Juice • Fruit Chiller • Local Milk 	30 <ul style="list-style-type: none"> • Turkey Roasted Hamburger on Whole Wheat Bun • Beans & Cheese Corn • Garden Fresh Entrée Salad • Oven Baked Potatoes Smiles • Vegetarian Baked Beans • Salsa • Chilled Mixed Fruit • Fresh Fruit • Local Milk 	31 <ul style="list-style-type: none"> • Beef Tacos • Lat A Style Black Beans With Brown Rice • Del Style Turkey & Cheese Wrap • Garden Fresh Entrée Salad • Green Beans • Fresh Mt. Sweet Peppers • Caramelized Potatoes • Salsa • Chilled Peaches • Fresh Fruit • Local Milk 	

More details: <http://browardschools.nutrilite.com/menu/elementary/march/2018/>
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