



The Trailblazer



Thomas (Rick) Redshaw, Principal
Lisa Rodriguez, Assistant Principal

April 2016

Volume 7

"Unmask Your Superhero at Park Trails Elementary"

PARK TRAILS ELEMENTARY SCHOOL

10700 Trails End
Parkland, Florida 33076
754-322-7800
parktrails.browardschools.com

Rumor Control Hotline
754-321-0321

Broward County Homework Hotline
754-322-1970
4:00pm – 8:00pm

Park Trails Attendance Line
754-322-7802

Trailblazer

karen.lynn.gallo@browardschools.com

After School Programs
954-596-9000

The School Board of Broward County, Florida, prohibits any policy or procedure that results in discrimination on the basis of race, ethnicity, sex, religion, disability, or status.

Visitor Parking

Parking is available for visitors in the front of the school in any space not marked "Staff". No visitor parking is allowed in the back lot.

Dates to Remember:

April 6	Science Night – Session 1 - 6-6:45 PM & Session 2 – 7-7:45 PM
April 9	7 th Annual Earth Day Celebration – 12 Noon-3 PM–see attached flyer
April 14	Report Cards Issued
April 28	Interim Reports Issued
April 28	Family Math Night – 6-8 PM @ Publix - University & Trails End



Fun Family Math Night

Thursday, April 28, 2016
Pre-K, Kindergarten, 1st & 2nd Grade – 6-7 PM
3rd, 4th & 5th Grade – 7-8 PM
Publix in Parkland – University & Trails End



Wednesday, April 6, 2016
Session 1 – 6:00-6:45 PM
Session 2 – 7:00-7:45 PM

Space is limited to please arrive early for your session.

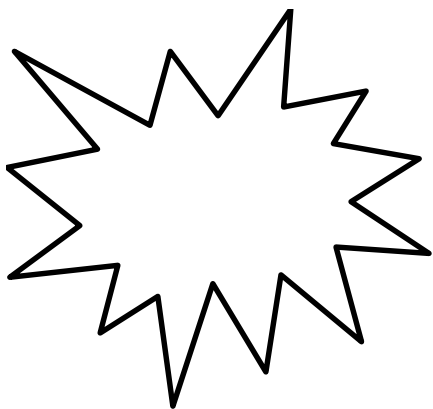
Arrival/Dismissal

Parents, please assist us with arrival and dismissal by continuing to follow these procedures and keeping our students safe each day:

- When dropping off your child in the front car pool area, please have the AM drop off sign posted on your car or in the window of the car. Please pull all the way up to assist with students arriving to class in a timely manner.
 - Enter and leave quietly in a straight line.
- When picking up in the front car line each afternoon, please have your color coded grade level sign with your child's name, visibly displayed on the dashboard. Please pull all the way up to the front. Eat your own food. (No trading or sharing.)
- Parents should not be parking in the front lot and crossing the street to pick up students. You must remain in your car and follow the car line until you reach the sidewalk and your child will be taken to the car for assistance to park across the street and walk over to pick up your child. Please do not use the back of the school.

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Active Parenting Now!

(For Parents of Children in Pre-K)

Park Trails Elementary is happy to announce Active Parenting!! A series to provide parents with guidance and support to transform the challenges of raising their children into opportunities for growth.

Participants will learn:

- Styles of parenting
- Positive skills for clear, honest communication
- Respectful basic and advanced discipline techniques to teach your child to make better choices resulting in appropriate behavior
- Using the Think-Feel-Do Cycle and BANK method to intervene and build self-esteem
- Concrete strategies to prevent risky behavior and help your child to resist peer pressure
- Problem solving methods including using family meetings and the FLAC method
- Decreasing power struggles
- Handling anger

Every Participant will receive the book, Parents Guide to Raising Happy and Successful Children, 4th Ed. by Dr. Michael Popkin.

Join us at Park Trails Elementary in our Media Center for this series every Monday evening beginning on 02/29/2016 – 04/11/2016 from 6:00-8:00 PM. Parenting sessions will not occur during Spring Break (03/21/2016-03/25/2016).

Please call 754-322-7800 to register with Denise Collins or Kim Davis.

Atlantic West, Coconut Creek, Liberty, Margate, Norcrest,
Park Trails, Quiet Waters, Riverglades, Sanders Park, Tradewinds,
Wilton Manors & Winston Park Elementary Schools

3rd, 4th & 5th graders are
invited to attend the

FREE Fun-filled 7th Annual Earth Day Celebration



**Saturday, April 9
12 Noon to 3 p.m.**

MONARCH HILL
Renewable Energy Park

2700 Wiles Road
(1/2 mile west of Powerline Road, just north of Sample Road)

Please pre-register at
www.MonarchHillEarthDay.com
beginning March 1.

Space will be limited to the first 1,000 participants
so register early! Younger siblings are invited.

FREE

Photos with former
Miami Dolphins stars
Young At Art Museum
recyclable art station
Environmental education
View the student-decorated
Dumpster Art Contest entries
See the new Waste
Management
Compressed Natural Gas
fueled truck on display

Your school wins based on
attendance of 3rd, 4th & 5th graders:

\$3,000 1st place
\$2,500 2nd place
\$2,000 3rd place
\$1,500 All others

Don't forget to pre-register at
www.MonarchHillEarthDay.com.

RAIN OR SHINE



Breakfast Menu
Elementary Schools

APRIL

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Breakfast Prices Adult (Includes beverage) (\$1.80)									
4 <ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Peaches ◆ Florida Orange Juice 		5 <ul style="list-style-type: none"> ◆ Pork Sausage Breakfast Patty ◆ Strawberry Yogurt Parfait ◆ Honey Wheat Biscuits ◆ Fresh Fruit Choice ◆ Dice Pears 		6 <ul style="list-style-type: none"> ◆ Snack n' Waffles ◆ Assorted Yogurt ◆ Mini Vary Berry Loaf ◆ Frozen Strawberry Cup ◆ Raisins 		7 <ul style="list-style-type: none"> ◆ Breakfast Chicken Patty ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Breakfast Potato Triangles ◆ Apple Juice ◆ Apricots 		3 <ul style="list-style-type: none"> ◆ Canadian Bacon & Egg Croissant ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Strawberry Flavored Cranberries ◆ Applesauce 	
11 <ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Peaches ◆ Florida Orange Juice 		12 <ul style="list-style-type: none"> ◆ Pork Sausage Breakfast Patty ◆ Strawberry Yogurt Parfait ◆ Honey Wheat Biscuits ◆ Dice Pears ◆ Fresh Fruit Choice 		13 <ul style="list-style-type: none"> ◆ Cinnamon Pancakes ◆ Assorted Yogurt ◆ Mini Orange Loaf ◆ Frozen Strawberry Cup ◆ Raisins 		14 <ul style="list-style-type: none"> ◆ Canadian Bacon & Egg Croissant ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Mandarin Oranges ◆ Apple Juice 		8 <ul style="list-style-type: none"> ◆ Apple Cinnamon Roll ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Strawberry Flavored Cranberries ◆ Applesauce 	
18 <ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Peaches ◆ Florida Orange Juice 		19 <ul style="list-style-type: none"> ◆ Pork Sausage Breakfast Patty ◆ Strawberry Yogurt Parfait ◆ Honey Wheat Biscuits ◆ Fresh Fruit Choice ◆ Dice Pears 		20 <ul style="list-style-type: none"> ◆ Mini Maple Waffles ◆ Assorted Yogurt ◆ Mini Vary Berry Loaf ◆ Frozen Strawberry Cup ◆ Raisins 		21 <ul style="list-style-type: none"> ◆ Breakfast Chicken Patty ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Mandarin Oranges ◆ Apple Juice 		22 <ul style="list-style-type: none"> ◆ Apple Cinnamon Glazed Scone ◆ Honey Wheat Biscuits ◆ Assorted Yogurt ◆ Strawberry Flavored Cranberries ◆ Applesauce 	
25 <ul style="list-style-type: none"> ◆ French Toast Sticks ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Peaches ◆ Florida Orange Juice 		26 <ul style="list-style-type: none"> ◆ Pork Sausage Breakfast Patty ◆ Strawberry Yogurt Parfait ◆ Honey Wheat Biscuits ◆ Dice Pears ◆ Fresh Fruit Choice 		27 <ul style="list-style-type: none"> ◆ Blueberry Pancakes ◆ Assorted Yogurt ◆ NutriGrain Bar ◆ Frozen Strawberry Cup ◆ Raisins 		28 <ul style="list-style-type: none"> ◆ Chicken and Waffle Bites ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Apricots ◆ Apple Juice 		29 <ul style="list-style-type: none"> ◆ Turkey Ham and Cheese on a Hawaiian Bun ◆ Assorted Yogurt ◆ Honey Wheat Biscuits ◆ Strawberry Flavored Cranberries ◆ Applesauce 	

Available Daily: Grape Jelly, Assorted Milk, Assorted Cereal

More Details: <http://browardschools.nutrislice.com/menu/elementary/breakfast/april/2016/>
(<http://browardschools.nutrislice.com/menu/elementary/breakfast/april/2016/>)



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Lunch Menu
Elementary Schools

APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> Mexican Pizza Black Beans with Rice Beef Pork on a Bun Garden Fresh Entree Salad Carrots Snack Pack Steamed Spinach Salsa Cup Apple Sauce Fresh Fruit Choice 	<p>2</p> <ul style="list-style-type: none"> Hot Italian Sub Mozzarella Filled Pizza Stick Tuna Salad on Bun Garden Fresh Entree Salad California Vegetable Blend Fresh Celery Sticks Marinara Sauce Cup Blue Raspberry Juice Pineapple Push Up 	<p>3</p> <ul style="list-style-type: none"> Beef Hot Dog on a Bun Empanada Garden Fresh Entree Salad Potato Wedges Vegetarian Beans Chilled Mixed Fruit Fresh Fruit Choice 	<p>4</p> <ul style="list-style-type: none"> Mexican Lasagna Turkey & Cheese Wrap Carrot Fresh Entree Salad Fresh Cucumbers Chopped Broccoli Sliced Peaches Fresh Fruit Choice 	<p>5</p> <ul style="list-style-type: none"> Chicken Patty on a Bun Grilled Cheese Garden Fresh Entree Salad Tomato Soup Steamed Green Beans Grape Juice Fresh Fruit Choice
<p>11</p> <ul style="list-style-type: none"> Pizza Wedge Egg Roll Garden Fresh Entree Salad Carrots Snack Pack Chopped Broccoli Frozen Strawberry Cup Fresh Fruit Choice 	<p>12</p> <ul style="list-style-type: none"> Breaded Chicken Black Beans with Rice Tuna Salad on Bun Garden Fresh Entree Salad Black Beans Plantains Salsa Cup Blue Raspberry Juice Fresh Fruit Choice 	<p>13</p> <ul style="list-style-type: none"> Cheeseburger on a Bun Japanese Beef Panini Garden Fresh Entree Salad Mango Smoothie Potato Smiles Chilled Mixed Fruit Fresh Fruit Choice 	<p>14</p> <ul style="list-style-type: none"> Beef and Cheese Nachos Refried Bean Nachos Turkey & Cheese Wrap Garden Fresh Entree Salad Steamed Corn Roasted Beans Salsa Cup Sliced Peaches Fresh Fruit Choice 	<p>15</p> <ul style="list-style-type: none"> Chicken Snack-Articles Honey Bony Beer Rib on Wheat Bun Garden Fresh Entree Salad Holiday Cookie Sweet Potatoes Wedges Steamed Green Beans Grape Juice Fresh Fruit Choice
<p>18</p> <ul style="list-style-type: none"> Three Cheese Calzone Cheeseburger Sliders Garden Fresh Entree Salad Carrots Snack Pack Steamed Spinach Marinara Sauce Cup Rips Slush Variety Fresh Fruit Choice 	<p>19</p> <ul style="list-style-type: none"> Chicken Nuggets Black Beans with Rice Tuna Salad on Bun Garden Fresh Entree Salad Marinara & Cheese Grape Tomatoes California Vegetable Blend Salsa Cup Green Apple Juice Cantaloupe 	<p>20</p> <ul style="list-style-type: none"> Beef Hot Dog on a Bun Cuban Sandwich Garden Fresh Entree Salad Potato Wedges Vegetarian Beans Chilled Mixed Fruit Fresh Fruit Choice 	<p>21</p> <ul style="list-style-type: none"> Beef Pul. Boats Over Mashie Potatoes Turkey & Cheese Wrap Garden Fresh Entree Salad Wheat Roll Chopped Broccoli Peaches Fresh Fruit Choice 	<p>22</p> <ul style="list-style-type: none"> Chicken Patty on a Bun Fish Tacos Garden Fresh Entree Salad Sweet Potatoes Waffle Fries Steamed Corn Fruit Blend Juice Fresh Fruit Choice
<p>25</p> <ul style="list-style-type: none"> Personal Cheese Pizza Beef Teriyaki Dippers over Brown Rice Garden Fresh Entree Salad Wheat Roll Carrots Snack Pack Chopped Broccoli Frozen Strawberry Cup Fresh Fruit Choice 	<p>26</p> <ul style="list-style-type: none"> Chicken Snackers Tuna Salad on Bun Garden Fresh Entree Salad Belly Beans Crackers Mashed Potatoes Mixed Vegetables Blue Raspberry Juice Fresh Fruit Choice 	<p>27</p> <ul style="list-style-type: none"> Hamburger on a Bun Bean & Cheese Burrito Garden Fresh Entree Salad Potato Smiles Vegetarian Beans Salsa Cup Chilled Mixed Fruit Fresh Fruit Choice 	<p>28</p> <ul style="list-style-type: none"> Lentils Black Beans with Rice Turkey & Cheese Wrap Garden Fresh Entree Salad Steamed Corn Salsa Cup Peaches Fresh Fruit Choice 	<p>29</p> <ul style="list-style-type: none"> Boneless Wings Grilled Cheese Garden Fresh Entree Salad Tomato Soup Steamed Green Beans Grape Juice Fresh Fruit Choice

*All items prepared with Kosher, Maximum, Assorted Milk