



**Lauderhill 6-12**

1901 NW 49th Avenue

Lauderhill, Fl. 33313

754-322-3639

My name is Kristian Holmes and I am the family counselor at Lauderhill 6-12. The Family Counseling Center offers FREE individual and family counseling services that is available to all Broward families with school-aged children.

The Family Counseling Program provides services that can help families deal with the complex issues and changes that are experienced in everyday life. Often these life **challenges affect a student's performance** in school, and counseling can help the student function more effectively within the school setting as well as at home and in the community.

The family counselor addresses a variety of family and emotional problems in counseling, including:

Communication Skills	Abandonment	School Phobia
Bereavement and Loss	Study Skills	Peer Pressure
Crisis Intervention	Anxiety/Depression	Physical Abuse
Separation/Divorce	Parenting Skills	Hyperactivity
Stress Management	Self-esteem Issues	Eating Disorders
Anger Management	Conflict Resolution	Domestic Violence

Referrals to the Family Counseling Program can come from Administrators, Guidance Counselors, Teachers, parents and students. Please call me at 754-322-3639 for appointments and information.

