

## **Broward County Resiliency Center**

**City of Parkland Amphitheater, Pine Trails Park** 10561 Trails End, Parkland, FL 33076

## FREE WELLNESS SUPPORT GROUPS

STUDENT Support Group (Grades 9-12)

Mondays from 6 p.m. – 6:45 p.m.

PARENT Support Group

Tuesdays from 6 p.m. – 7 p.m.

BCPS SCHOOL STAFF Support Group

Thursdays from 4 p.m. – 5 p.m.

KNITTING Support Group (Max 12 participants) Located at Rec Center Activity Room 4 Open to adults 5:30 p.m. to 7:30 p.m.

## Call 754-321-1590 to reserve your space

For assistance between 9 a.m. – 5 p.m., please call the Hot-line at 754-321-HELP (4357), after 5 p.m., dial **2-1-1** Text "FL" 741741 to be connected with a counselor

> For additional resources online, visit browardschools.com/CrisisSupport To offer your support or services to the community, visit browardschools.com/WeSupport

The School Board of Broward County, Florida, prohibits any policy or procedure which results in discrimination on the basis of age, color, disability, gender identity, gender expression, national origin, marital status, race, religion, sex or sexual orientation. Individuals who wish to file a discrimination and/or harassment complaint may call the Director, Equal Educational Opportunities/ADA Compliance Department at 754-321-2150 or Teletype Machine (TTY) 754-321-2158. Individuals with disabilities requesting accommodations under the Americans with Disabilities Act Amendments Act of 2008, (ADAAA) may call Educational Opportunities/ADA Compliance Department at 754-321-2150 or Teletype Machine (TTY) 754-321-2158. **browardschools.com**