



One Body,  
One Mind,  
Together Intertwined

One Community Partnership 2



Working together - Making a difference

2<sup>ND</sup> ANNUAL

# Wellness Day

In recognition of Mental Health Awareness Month

Saturday, May 13, 2017

10AM - 3PM

Central Broward Regional Park, Shelter #8  
3700 NW 11<sup>th</sup> Place | Lauderhill, FL 33311

**Activities Include:**

Yoga, Zumba, Massage Table, Friendly Sports Competition, Games, Tie Dye Painting, Coloring Meditation, Lyrical Expression, Photo Booth, Healthy Eating Demonstrations, Raffles, and Wellness Champions Award Recognition

Original music by "Face Tha Musik" with Performers from Youth M.O.V.E. Broward

One Community Partnership<sup>2</sup>  
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