

**Lake Forest Elementary**

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Dear Parent(s) or Legal Guardian(s):

This is to inform you that a case of COVID-19 has been identified in an individual at Lake Forest Elementary and your child has been identified as a close contact of the case. A close contact is anyone who has been within 6 feet of an individual who tested positive for COVID-19 for more than 15 minutes at one time or cumulatively in a 24-hour period.

Quarantine is intended to keep someone who might have been exposed to the virus away from others in case they develop the disease. COVID-19 is a respiratory illness spread mainly from person-to-person through respiratory droplets which are produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths and noses of people who are nearby or possibly be inhaled into the lungs. Symptoms may appear 2 to 14 days after exposure to the virus. COVID-19 may be spread by people who are not showing symptoms which is why keeping exposed individuals separated from others is important.

**Broward Schools allows parents or legal guardians the authority to choose how their child receives education after having direct contact with an individual who received a positive diagnostic test for COVID-19. Parents may choose one of the following options:**

· Allow the student to attend school, school sponsored activities, or be on school property, without restrictions or disparate treatment, so long as the student remains asymptomatic

OR

· Quarantine the student for a period not to exceed seven days from the date of last direct contact with an individual that is positive for COVID-19.

· If the student becomes symptomatic following direct contact with an individual that has tested positive for COVID-19 or tests positive for COVID-19, the procedures set forth for symptomatic students and COVID-19 positive students shall apply. Rulemaking Authority 1003.22(3) FS. Law Implemented 1003.22(3) FS. History-New.

#### Quarantine Exceptions:

- Students who are fully vaccinated (i.e.,  $\geq 2$  weeks following receipt of the second dose in a two dose vaccine series or  $\geq 2$  weeks following receipt of one dose of a single-dose vaccine) do not need to be quarantined for any period of time as long as they remain asymptomatic.
- If a student with a prior COVID-19 infection in the previous 90 days or a fully vaccinated student becomes symptomatic, the student should follow the procedures described above in the Isolation Guidance.
- Students who have tested positive for COVID-19 within the past 90 days and recovered do not need to be quarantined for any period of time as long as they are asymptomatic.

Please monitor your child for any symptoms of COVID-19 which include but are not limited to: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting or diarrhea. If you notice any symptoms, please contact your healthcare provider immediately. If your child tests positive for COVID-19, please contact your child's healthcare provider and the school immediately.

The best way to prevent illness is by limiting exposure to the virus.

- Maintain physical distance of at least 6 feet from others.
- Cover your mouth and nose with a cloth face covering when around others.
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Routinely clean and disinfect frequently touched surfaces.

Please call 911 immediately if your child has any of the following emergency warning signs, or any other emergency signs:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray or bluish skin, lips or nail beds, depending on skin tone

Please see the attached flyer for free COVID-19 testing sites as well as [www.broward.org/coronavirus](http://www.broward.org/coronavirus) and [www.floridahealthcovid19.gov](http://www.floridahealthcovid19.gov). If you need a list of health resources, please contact your school nurse or go to [www.browardschools.com/cshs](http://www.browardschools.com/cshs). More information about COVID-19 is available from the Centers for Disease Control and Prevention on its website: <http://www.cdc.gov/covid19>.

Sincerely,

Health Personnel