



**REGISTER NOW
FOR 2020-2021
SCHOOL YEAR**

March into the Y Don't Wait... Spots Now Open

YOUTH DEVELOPMENT BROWARD

Elementary School Aged Program - Youth ages 4 - 12



AFTER SCHOOL PROGRAMS DON'T MISS OUT ON YOUR CHANCE TO REGISTER!

More than child care, Y Before and After School programs nurture the potential in children. At the Y, kids are cultivating the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement.

Our program offers:

- Project Based Learning Curriculum with a focus on STEAM (Science, Technology, Engineering, Art and Math)
- Yfit evidence based physical fitness curriculum
- PATHS social skills curriculum

To Register:

- **Child must be currently registered at Pine Lakes Elementary**
- **Child's 10-digit student I.D. number**

- **For more information and to register, contact Angela Jennings at 786-770-0610 or ajennings@ymcasouthflorida.org or Evan Arnett at 954-892-8746 or earnett@ymcasouthflorida.org**

YMCA OF SOUTH FLORIDA

CHILDREN'S ADVOCACY YMCA FAMILY CENTER

900 SE 3rd Avenue, Ft Lauderdale, FL 33316

Please contact Kaytrina Allen for more information at (954) 623-5555

ymcaofsouthflorida.org





Afterschool Curriculum Overview:

Social Skills:

The PATHS® Curriculum

The PATHS® curriculum is a comprehensive program for promoting emotional and social competencies and reducing aggression and behavior problems in elementary school-aged children while simultaneously enhancing the educational process in the classroom. This innovative curriculum is designed to be used by educators and counselors in a multi-year, universal prevention model. Although primarily focused on the school and classroom settings, information and activities are also included for use with parents.

<http://www.pathstraining.com/main/curriculum/>



Physical Education:

YFIT

YFIT is the YMCA of Broward County's youth wellness program dedicated to helping youth and families engage in high-quality, inclusive, fun physical activity. YFIT coaches are certified to teach the SPARK curriculum, an evidence-based physical activity program. SPARK has been honored as an Exemplary Program of the U.S. Department of Education; featured in the Surgeon General's Report as a "School-based solution to our nation's healthcare crisis." The Y is for healthy living, youth development, and social responsibility and is ready to help your students have fun, get healthy, and develop a habit of lifelong wellness.

Project-Based Learning:

Project-Based Learning is a teaching method in which students gain knowledge and skills by working for an extended period of time to investigate and respond to an authentic, engaging and complex question, problem, or challenge. PBL emphasizes learning activities that are long-term, interdisciplinary and student-centered. This project-based instruction differs from traditional inquiry by its emphasis on students' collaborative or individual artifact construction to represent what is being learned. PBL also gives students the opportunity to explore problems and challenges that have real-world applications, increasing the possibility of long-term retention of skills and concepts. In addition, through PBL the Y' will be focusing on **STEAM**.

Science

Technology

Engineering

Art

Math

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