

Nova High School
Olayemi Awofadeju / Principal
3600 College Avenue
Davie, Florida 33314
phone: 754-323-1650 • fax: 754-323-1780
olayemi.awofadeju@browardschools.com
<https://www.browardschools1.com/novahigh>

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Broward County, Florida**

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May 27, 2022

Parents,

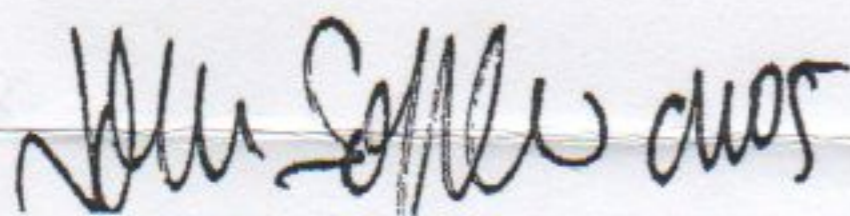
Nova High School's Navy JROTC Battalion will be hosting an **Introduction to NJROTC** Course this summer. Students interested in joining and who will be attending the program next school year are encouraged to participate. Those who participate will get a head start on learning military drill, academics, and physical fitness. Any cadet currently in the program may also attend.

The Intro course will be a 2-day event hosted on August 1st, and 2nd, the day will start at 8:00am, and end approximately 4:00 pm. Interested students are required to complete a high school sports physical stamped by a medical professional. We will be running and exercising so it is mandatory that you bring athletic gear and wear running shoes (closed toe, no slides or Crocs).

Students will be provided lunch, along with water for physical exercises.

Please email the Point of Contact on the bottom of the schedule as soon as possible if you plan on attending or if your plans change after initial contact.

Br/



CWO5 John Salgado, USN (ret.)
NJROTC Senior Naval Science Instructor
Nova High School
(757) 270-8747

Schedule:

This will be a 2-day event, dates are to be announced per cadet in charge and SNSI/NSI the schedule is to be as follows –

Day 1	Day 2
0730 – 0800 Arrival of Staff and CIC	0730 – 0800 Arrival of Staff and CIC
0800 - 0830 Arrival of Cadets	0800 - 0830 Arrival of Cadets
0830 – 0845 Intro. To Staff	0830 – 0845 PT Warm Up
0845 – 0930 PRT	0845 – 0930 PT
0930 – 0945 BREAK	0930 – 0945 BREAK
0945 – 1030 Academics	0945 – 1015 Academics
1030 – 1130 Drill	1015 – 1100 Academics Test
1130 – 1215 Chow	1100 – 1130 Drill
1215 – 1300 Academics	1130 – 1215 Chow
1300 – 1315 PT Warm Up	1215 – 1300 Prep for Graduation
1315 – 1330 Moto Run	1300 – 1330 Graduation Rehearsal
1330 – 1345 BREAK	1330 – 1400 Knockout
1345 – 1430 Drill	1400 – 1430 Graduation Rehearsal
1430 – 1500 Orders/Ranks	1430 – 1500 Parents Arrive
1500 – 1600 Uniform and Shoes	1500 – 1600 Graduation
1600 Dismissal	1600 Dismissal

If you plan on attending please email –
zelayakimberly49@gmail.com with students name
 and grade.

[Handwritten signature]

CVOS John Salgado, USA (ret.)
 NJROTC Senior Naval Science Instructor
 Nova High School
 (772) 270-8747