



# PRINCIPAL KASSANDRA FRIED

CYPRESS BAY HIGH SCHOOL



Welcome back to another exciting school year! As we prepare to embark on this journey together, we are thrilled to introduce a new theme that will be at the heart of our school's focus: **"Above and Beyond; Bay State of Mind."**

At Cypress Bay High School, we are proud of our tradition of academic excellence, and are humbled to be recognized as one of the top 5% of high schools nationwide and as one of the top ten public high schools in the state of Florida. We also believe that education extends beyond academic achievements.

Our goal is to cultivate a supportive and nurturing environment where our students not only excel academically but also thrive in all aspects of their lives. With this new theme, we are placing an emphasis on student supports, and overall wellness to ensure that each child reaches their full potential. In today's fast-paced world, the life skills and wellness of our students is of the utmost importance.

Our dedicated team of educators, counselors, and support staff are committed to providing a safe and caring space for students to express themselves, seek help, and learn essential coping skills. To that end, we have restructured our Counseling Department to reduce each counselors case load.

We firmly believe that a strong support network is vital for a student's success. Throughout the year, we will be implementing various programs and initiatives that foster a sense of belonging, inclusion, and camaraderie among our students beginning with our Bay Day initiative on **Wednesday, September 15, 2023**. We encourage open communication between teachers, parents, and students to ensure that every child feels valued and supported in their journey at our school.

# ABOVE & BAYOND

BAY STATE OF MIND

We will be promoting wellness in various ways, including encouraging physical activities, providing nutritious meals at no cost to students (breakfast & lunch), through a partnership between Broward Schools and the Broward Education Foundation. In addition, we are organizing workshops on study skills, test taking strategies and stress management. Our aim is to equip our students with the tools they need to make positive lifestyle choices that will benefit them throughout their lives.

We firmly believe that every student has the potential to go above and beyond what they think is possible. With our theme, "**Above and Bayond; Bay State of Mind,**" we want to continue with last year's initiative and continue to instill a growth mindset in our students. We will continue communicating with our students through our **Check N' Connect** meetings with students quarterly with an emphasis on the Districts commitment to "**Everyone Counts!**"

We will encourage them to set ambitious goals, embrace challenges, and persist through obstacles. Through their hard work and determination, we believe they can reach new heights academically and personally.

As we embark on this exciting journey together, we invite you to join us in fostering a culture of empathy, understanding, and support. Parental involvement plays a crucial role in a child's overall development, and we encourage you to participate in school events, workshops, and parent-teacher conferences.

Let's work together to create a thriving educational community where every child can flourish. We are looking forward to an incredible school year ahead!

Should you have any questions or concerns, please don't hesitate to reach out to us.

Thank you for your unwavering support.

Sincerely,

*Kassandra Fried*

Principal Kassandra Fried