



# HUF Family Strengthening Program



McArthur Zone Parents please join us Thursday, October 10<sup>th</sup> from 6 to 8 pm at West Hollywood Elementary for an informative session on the Family Strengthening Program offered by Hispanic Unity.

**Location:**

**West Hollywood Elementary  
6301 Hollywood Blvd**

## Information:

- Free, fun and interactive 10-weeks family workshop for both parents and children. Dinner, refreshments and childcare will be provided!
- Each family who signs up will receive a **\$80.00** gift card and a certificate after successful completion of the 12-week program.

## **Learn How To:**

- ✓ *Identify and handle feelings*
- ✓ *Communicate needs*
- ✓ *Be empathetic*
- ✓ *Empower parents with new discipline techniques*
- ✓ *Handle stress and anger*
- ✓ *And so much more!*



**Hispanic Unity of Florida**

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