

FDLRS Parent Education presents:

## ACTIVE PARENTING OF TEENS

This six-session Active Parenting of Teens series will provide parents with guidance and support to transform the challenges of raising a teenager into opportunities for growth. Participants will learn about styles of parenting, positive skills for communication, respectful basic and advanced discipline techniques, problem solving methods, decreasing power struggles, and so much more. Learn to become an encouraging parent and much more; including important issues such as teens online, bullying, alcohol and other drugs, sexuality, and depression. Join us at the next session and see the difference, as you make positive and realistic changes in your family's daily routine to gain greater happiness in your home!

*(Parent Guides provided to participants at no cost) Childcare is NOT available*

**Presenter:** *Emily Gonzalez-Abreu LMFT, ESE Counselor & Certified Active Parenting Leader, Broward County Public Schools*

**Dates 2024:** *January 30, February 6, 13, 20, 27 and March 5, 2024*

**Time:** *From 6:00 pm to 8:00 pm*

**Location:** *Millennium 6-12 Collegiate Academy, Media Center  
5803 NW 94 Ave, Tamarac 33321*

For more information contact: [carol.beitler@browardschools.com](mailto:carol.beitler@browardschools.com) 754-321-3466

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