

January Character Education

Respect is the trait for January. Respect is a critical element in all healthy relationships. When children respect others, they treat people with consideration and courtesy and do not violate them physically or verbally. Respect for others should be woven into the fabric of each student's life and characterize all of their relationships. It is a fundamental character quality that prepares children to live productive lives as they relate to and work with others.

Respect for others is based on self-respect and self-respect in children comes from being treated with respect by their parents and other adult role models. Teaching children self-respect does not mean complimenting everything they do. There also needs to be honest criticism. When we do criticize, we should focus on things they have done, not on them personally.

Family Ideas

- *Encourage your child to build a positive identity that focuses on his/her integrity and talents.
- *Emphasize that character is built upon the decisions and actions a person takes.
- *Help your child reach his/her full potential by encouraging him/her to develop their talents, set reachable goals and honor themselves as a unique person.
- *Teach your child how to choose good values.



JANUARY SCHOOL COUNSELOR NEWSLETTER