

Cooper City CARES Zone Initiative

COOPER CITY HIGH - PIONEER MIDDLE EMBASSY CREEK - COOPER CITY - GRIFFIN ELEMENTARY

Suicide Prevention, Awareness, and Warning Signs



Suicide is currently the second leading cause of death for youth, ages 10-24, according to the Center for Disease Control (CDC). Suicide is preventable, but each one of us must do our part to stay vigilant to warning signs and take action if and when we feel someone needs our help. Awareness is one of the most critical steps to prevention. This starts by talking about suicide with our youth, recognizing warning signs, and understanding risk factors. Together, families, educators, and community partners can support our students and save thousands of lives.

If you or someone you know is suicidal, get help immediately via 911, the National Suicide Prevention Lifeline at 1-800-273-TALK (8255), or DIAL 2-1-1-or the Crisis Text Line (text "HOME" to 741741). Online Chat: www.suicidepreventionlifeline.org

Come Join Us Break the Silence - Stop the Stigma Cooper City iZone Parent Night

Guest Speaker:

Ms. Crystal Reyes: Suicide Prevention Specialist

Where: Cooper City High School
Auditorium

Date: October 26, 2021

Time: 6:00p.m. – 7:00p.m.



BROWARD County Public Schools
Established 1915

SUICIDE IS PREVENTABLE

NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)
suicidepreventionlifeline.org

Broward County Public Schools can help students at risk of suicide.
If you or a friend is depressed or despairing, please get help.