



Country Hills Elementary Celebrates
Start with Hello Week
September 23-27



Dear Parents/ Guardians,

In every school and in every community, there are young people who suffer silently because they feel left out, alone or invisible. The Sandy Hook Promise non-Profit organization is working with Broward County Schools to spread the "Start with Hello" program to our school community this year. Research shows that social isolation is a growing epidemic in the United States and within our schools. As a result, many of these children pull away further from society, struggle with learning and social development, and/or choose to hurt themselves or others. Start with Hello (SWH) week raises awareness and teaches children how to be more socially inclusive and connected to each other. By participating in SWH week Country Hills Elementary will join hundreds of schools and youth organizations from across the United States to Empower young people to create a culture of inclusion and connectedness! Please see the following planned activities for the next week:

Monday September 23 - Students will practice saying "HELLO" in different languages.

Tuesday September 24 – S.T.A.R. day- Stand Together. Act Responsibly. Students can dress like movie stars (no costumes please) or star apparel.

Wednesday September 25 – Students will be encouraged to give one another compliments throughout the day, either verbally or on a post-it notes.

Thursday September 26 - Show your Emoji Day - Student will create emojis and discuss its OK to talk about emotions.

Friday September 27 – H.E.R.O Here Everyone Respects Others Day. Student can wear their favorite Super Hero gear (no costumes please) or Country Hills Spirit shirts.

During the school year, Country Hills will continue to deliver events and activities that instill the Start with Hello concept and overarching message of inclusion and community. Please take this special opportunity to speak with your children about the events taking place throughout the week and encourage them to "Say Hello!" If you would like more information on The Sandy Hook Promise or with the Start With Hello Week initiative, please visit www.sandyhookpromise.org or our schools website.

