



Now Available!

Virtual One on One Health Coaching!

Ready to meet those health goals and feel great?

*Working with a health coach is proven to improve your
chances of meeting and maintaining your goals.*

**Special Pricing for Broward County School Board
Employees!**

Single Session just \$35.00 per hour (Regularly \$50.)

Buy a 5 Session package (\$175) and get a 6th session free!

For More Information:

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